A GUIDE TO INVESTING WITH OPTIONS covers everything from calls and puts to collars and rolling up, over, or out. It takes the mystery out of options contracts, explains the language of options trading, and lays out some popular options strategies that may suit various portfolios and market forecasts. If you’re curious about options, this guide provides the answers to your questions.
The Options Industry Council (OIC) is pleased to introduce A Guide to Investing with Options, a primer on options investing. The guide clarifies options basics, explains the options marketplace, and describes a range of strategies for trading options.

The Guide helps fulfill OIC’s ongoing mission to educate the investing public and the advisors who serve them about the benefits and risks of exchange listed options. We believe that education is the key to sound and intelligent options investing, and that the tremendous growth of the options market in recent years can be attributed, at least in part, to the value of this education.

Formed in 1992, OIC is your options education resource. We are always available to answer your questions and to expand your options knowledge. To contact OIC, please visit our website at OptionsEducation.org or email Investor Services at options@theocc.com.

The Options Industry Council
OptionsEducation.org
DISCLAIMER:
Options involve risks and are not suitable for everyone. Individuals should not enter into options transactions until they have read and understood the risk disclosure document, *Characteristics and Risks of Standardized Options*, available by visiting OptionsEducation.org or by contacting your broker, any exchange on which options are traded, or The Options Clearing Corporation at 125 S. Franklin St., #1200, Chicago, IL 60606. In order to simplify the calculations used in the examples in these materials, commissions, fees, margin, interest and taxes have not been included. These costs will impact the outcome of any stock and options transactions and must be considered prior to entering into any transactions. Investors should consult their tax advisor about any potential tax consequences. Any strategies discussed, including examples using actual securities and price data, are strictly for illustrative and educational purposes and should not be construed as an endorsement, recommendation, or solicitation to buy or sell securities. Past performance is not a guarantee of future results.
What Is an Option?

An option is a contract to buy or sell a specific financial product officially known as the option’s underlying instrument or underlying interest. For equity options, the underlying instrument is a stock, exchange traded fund (ETF), or stock index. The contract itself is very precise. It establishes a specific price, called the strike price, at which the contract may be exercised, or acted on. And it has an expiration date. When an option expires, it no longer has value and no longer exists.

Options come in two varieties, calls and puts, and you can buy or sell either type. You make those choices—whether to buy or sell and whether to choose a call or a put—based on what you want to achieve as an options investor.

BUYING AND SELLING

If you buy a call, you have the right to buy the underlying instrument at the strike price on or before the expiration date. If you buy a put, you have the right to sell the underlying instrument on or before expiration. In either case, as the option holder, you also have the right to sell the option to another buyer during its term or to let it expire worthless.

The situation is different if you write, or sell, an option, since selling obligates you to fulfill your side of the contract if the holder wishes to exercise. If you sell a call, you’re obligated to sell the underlying instrument at the strike price, if you’re assigned. If you sell a put, you’re obligated to buy the underlying interest, if assigned.

As a writer, you have no control over whether or not a contract is exercised, and you need to recognize that exercise is always possible at any time until the expiration date. But just as the buyer can sell an option back into the market rather than exercising it, as a writer you can purchase an offsetting contract and end your obligation to meet the terms of the contract.

AT A PREMIUM

When you buy an option, the purchase price is called the premium. If you sell, the premium is the amount you receive. The premium isn’t fixed and changes constantly—so the premium you pay today is likely to be higher or lower than the premium yesterday or tomorrow. What those changing prices reflect is the give and take between what buyers are willing to pay and what sellers are willing to accept for the option. The point at which there’s agreement becomes the price for that transaction, and then the process begins again.

If you buy options, you start out with what’s known as a net debit. That means you’ve spent money you might never recover if you don’t sell your option at a profit or exercise it. And if you do make money on a transaction, you must subtract the cost of the premium from any income you realize to find your net profit.

As a seller, on the other hand, you begin with a net credit because you collect the premium. If the option is never exercised, you keep the money. If the option is exercised, you still get to keep the premium, but are obligated to buy or sell the underlying stock if you’re assigned.

THE VALUE OF OPTIONS

What a particular options contract is worth to a buyer or seller is measured by how likely it is to meet their expectations. In the language of options, that’s determined by whether or not the option is, or is likely to be, in-the-money or out-of-the-money at expiration. A call option is in-the-money if the current market value of the underlying stock is above the exercise price of the option, and out-of-the-money if the stock is below the exercise price. A put option is in-the-money if the current market value of the underlying stock is below the exercise price and out-of-the-money if it is above it. If an option is not in-the-money at expiration, the option is assumed to be worthless.

An option’s premium has two parts: an intrinsic value and a time value. Intrinsic value is the amount by which the option is in-the-money. Time value is the difference between whatever the intrinsic value is and what the premium is. The longer the amount of time for market conditions to work to your benefit, the greater the time value.

WHAT’S A FINANCIAL PRODUCT?

The word product is more likely to conjure up images of vegetables or running shoes than stocks or stock indexes. Similarly, instrument might suggest a trombone or a scalpel rather than a debt security or a currency. But both terms are used to refer to the broad range of investment vehicles.

OPTIONS PRICES

Several factors, including supply and demand in the market where the option is traded, affect the price of an option, as is the case with an individual stock. What’s happening in the overall investment markets and the economy at large are two of the broad influences. The identity of the underlying instrument, how it traditionally behaves, and what it is doing at the moment are more specific ones. Its volatility is also an important factor, as investors attempt to gauge how likely it is that an option will move in-the-money.

OLD AND NEW

American-style options can be exercised any time up until expiration while European-style options can be exercised only at the expiration date. Both styles are traded on US exchanges. All equity options are American style and index options are European style.
How Does Options Investing Work?

You should know whether you’re opening or closing, buying or purchasing, writing or selling.

Options trading can seem complicated, in part because it relies on a certain terminology and system of standardization. But there’s an established process that works smoothly anytime a trade is initiated.

OPEN AND CLOSE

When you buy or write a new contract, you’re establishing an open position. That means that you’ve created one side of a contract and will be matched anonymously with a buyer or seller on the other side of the transaction. If you already hold an option or have written one, but want to get out of the contract, you can close your position, which means either selling the same option you bought, or buying the same option contract you sold.

There are some other options terms to know:

- An options buyer purchases a contract to open or close a position
- An options holder buys a contract to open or to close a position
- An options seller sells a contract to open or to close a position
- An options writer sells a contract to open a short position

All options transactions, whether opening or closing, must go through a brokerage firm, so you’ll incur transaction fees and commissions. It’s important to account for the impact of these charges when calculating the potential profit or loss of an options strategy.

STANDARDIZED TERMS

Every option contract is defined by certain terms, or characteristics. Most listed options’ terms are standardized, so that options that are listed on one or more exchanges are fungible, or interchangeable. The standardized terms include:

- Contract size: For equity options, the amount of underlying interest is generally set at 100 shares of stock.
- Expiration month: Every option has a predetermined expiration and last trading date.
- Exercise price: This is the price per share at which 100 shares of the underlying security can be bought or sold at the time of exercise.
- Type of delivery: Most equity options are physical delivery contracts, which means that shares of stock must change hands at the time of exercise. Most index options are cash settled, which means the in-the-money holder receives a certain amount of cash upon exercise.

Style: Options that can be exercised at any point before expiration are American style. Options that can be exercised only on the day of expiration are European style.

Contract adjustments: In response to a stock split, merger, or other corporate action, a decision to adjust the contract is made on a case-by-case basis in accordance with OCC by-laws.

An options class refers to all the calls or all the puts on a given underlying security. Within a class of options, contracts share some of the same terms, such as contract size and exercise style. An options series is all contracts that have identical terms, including expiration month and strike price. For example, all XYZ calls are part of the same class, while all XYZ February 90 calls are part of the same series.

EXERCISING OPTIONS

OCC employs administrative procedures that provide for the exercise of certain options that are in-the-money by specified amounts at expiration on behalf of the holder of the options unless OCC is instructed otherwise. Individual brokerage firms often have their own policies, too, and might automatically submit exercise instructions to OCC for any options that are in-the-money by a certain amount. You should check with your brokerage firm to learn whether these procedures apply to any of your long positions. This process is also referred to as “exercise by exception.”

1. Your brokerage firm ensures the exercise notice is sent to The Options Clearing Corporation (OCC), the guarantor of all listed options contracts.
2. OCC assigns fulfillment of your contract to one of its member firms that has a writer of the series of option you hold.
3. If the brokerage firm has more than one eligible writer, the firm allocates the assignment using an exchange-approved method.
4. The writer who is assigned must deliver or receive shares of the underlying instrument—or cash, if it is a cash-settled option.

EXERCISE AND ASSIGNMENT

Most options that expire in a given month usually expire on the third Friday of the month. This is also the last day to trade expiring equity options. If you plan on exercising your options, be sure to check with your brokerage firm about its cut-off times. Firms may establish early deadlines to allow themselves enough time to process exercise orders.

When you notify your brokerage firm that you’d like to exercise:

LEAPS® AND WEEKLYSTM OPTIONS

Long-term Equity AnticiPation SecuritiesSM, or LEAPS, and Weeklys are important parts of the options market and trade like standard options. Both are American style and can be exercised at any time up to expiration. Unlike standard options, however, which have expiration dates of up to one year, LEAPS have expiration dates of up to three years. At the other end of the scale, Weeklys expire the week following their issue.

LEAPS allow investors greater flexibility in implementing a strategy since there is more time for an option to move in-the-money. Weeklys, in contrast, allow investors to implement targeted short-term strategies and capitalize on market events, such as earnings reports and government announcements.

QUADRUPLE WITCHING DAY

In the last month of each quarter—on the third Friday of March, June, September, and December—the markets typically experience high trading volume due to the simultaneous expiration of stock options, stock index options, stock index futures, and single stock futures. This day is known as quadruple witching day—up one witch since the introduction of single stock futures.
### On Which Securities Are Options Offered?

You can buy or sell options on stocks, indexes, and an orchestra’s worth of other instruments.

In 1973, the first year that options were listed, investors could write or purchase calls on 16 different stocks. Puts weren’t available until 1977. Today the field of option choices has widened considerably—as of 2018, investors can buy or write calls and puts on over 4,200 different stocks ETFs, and stock indexes.

The most frequently traded options, or those with the greatest volume, are those on broad-based stock ETFs and on individual stocks issued by large, widely held companies. It’s generally quite easy to find current information about those ETFs and companies, making it possible for investors to make informed decisions about how the price of the underlying is likely to perform over a period of months—something that’s essential to options investing. These options may also be multiply listed, or traded on more than one exchange.

### TO LIST OR NOT TO LIST

Options aren’t listed on every stock, and each exchange doesn’t list every available option. The Securities and Exchange Commission (SEC) regulates the standards for the options selection process, and beyond that, exchanges can make independent decisions. There are some rules, though.

On every options exchange, a stock on which options are offered must:

- Be listed and traded on the National Market System
- Have a specified minimum number of shareholders and shares outstanding
- Have a specified minimum average trading price during an established period of time

Publicly traded companies, since those are the stocks that are most likely to interest options investors. Although companies are not responsible for options being listed on their stocks, a predetermined price after a certain date. Employee stock options cannot be traded on the secondary market. Employers usually grant stock options as part of compensation packages, hoping to provide an incentive for employees to work hard, since they’ll share in any company success that is expressed in a higher stock price.

### Indexing the Market

Index options, which were introduced in 1983, are also popular with individual investors. The underlying instrument is an index instead of a single equity. Because they track the prices of many component stocks, equity indexes can reveal a movement trend for broad or narrow sectors of the stock market. The S&P 500 index tracks 500 large-cap US stocks, for example, while the Dow Jones Utility Average, an index of 15 utility companies, is used to gauge the strength or weakness in that industry.

Unlike options on stock, index options are cash settled, which means that upon exercise, the writer is obligated to give the holder a certain amount of cash. The total settlement is usually $100 times the amount the option is in-the-money.

For example, if you exercised a 90 call on the DJIA when the index is at 9300 and DJX is at 93, you’d receive $300 (or $300 x $100), before fees and commission. Index options can be more expensive than stock options, but they may offer more leverage and less volatility.

An index reflects changes in a specific financial market, in a number of related markets, or in an economy as a whole. Each index—and there are a large number of them—measures a market, sector of the market, or economy. Each is tracked from a specific starting point, which might be as recent as the previous trading day or many years in the past.

### Stock Index

Most companies welcome the listing of options, since historically a stock’s trading volume tends to rise after a new options class is issued on that stock.

### Off the List

It’s possible for exchanges to decide to delist options, or remove them from the trading market. If the trading volume for an option remains low for a long period of time, an exchange may decide that a lack of investor interest in that option makes it not worth listing. In addition, exchanges must delist options if they fail to meet certain criteria.

In general, options that have already been listed on a particular stock at the time that option is delisted may be traded until they expire. No new expiration months will be added on that class.

### Other Options

While the most popular options are those offered on individual stocks, ETFs, and stock indexes, contracts are also available on limited partnership interests, American Depository Receipts (ADRs), American Depository Shares (ADSs), government debt securities, and foreign currencies. Many debt security and currency options transactions are initiated by institutional investors. More recently, retail investors have begun to trade cash-settled foreign currency options.

It’s important to understand the difference between equity options and employee stock options.* Unlike listed options, which are standardized contracts, employee stock options are individual arrangements between an employer and an employee. Usually, stock options grant the employee the right to purchase that company’s shares at

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*This guide does not cover features of employee stock option programs.
Where Are Options Listed?

Transactions in listed options take place on exchanges through open outcry or electronic matching.

If you’ve been trading stocks for some time, you’re already familiar with the basic procedures that govern options trading. Individual investors who wish to buy or sell options place orders through their brokerage firms. Where an order goes from that point depends on both the brokerage firm’s policy and the exchange or exchanges on which the options contract is traded.

A JOB FOR A SPECIALIST

Traders acting as specialists lead the auctions for each options class, and are in charge of maintaining a fair and orderly market, which means that contracts are easily obtainable, and every investor has access to the best possible market price.

Each exchange has a particular structure of specialists, who may sometimes be known as designated primary market makers (DPMs), lead market makers (LMMs), competitive market makers (CMMs), or primary market makers (PMMs). Other traders, sometimes known as agents, trade options for their clients, sometimes buying from and selling to the specialists.

ELECTRONIC TRADING

New technology has supplemented or replaced the traditional open outcry system on some exchanges. Instead of traders gathering in a pit or on a floor, transactions are executed electronically, with no physical interaction between traders. Auction prices are tracked and listed on computers, and orders may be filled within a matter of seconds.

Some options exchanges are totally electronic, and many use a hybrid of open outcry and electronic trading. The majority of the orders that come to those exchanges are filled by an automatic execution computer that matches the request with a buyer or seller at the current market price. Transactions requesting an away-from-the-market price, or one that is higher or lower than the current market price, are held in an electronic limit order book. Once trading reaches the requested price, those orders are the first to be handled.

Proponents of electronic trading argue that the anonymous nature of the transactions means that all customers—whether represented by an experienced broker or not—have equal footing, which makes the market fairer. They also point out that since the costs of running an electronic exchange are lower, the transaction fees for trades may also be lower.

STANDARD OF EXCHANGE

Listed options are traded on regulated exchanges, which must adhere to SEC rules designed to make trading fair for all investors. Nearly all equity options are multiply listed, which means they’re available for purchase and sale on multiple exchanges.

Contract terms and pricing are standardized so that the contracts are fungible, or interchangeable. You might give an order to purchase an option that is executed on one exchange, and later give an order to sell the same option that is executed on a different exchange.

CRYING OUT

In the early years of options trading, the floors of exchanges operated as open outcry auctions. Buyers and sellers negotiated directly with each other, using shouts and hand signals to determine prices in a seemingly chaotic—but in reality, very structured—process. Open outcry is similar to the auction system used for stock trading, but relies on a more frenetic negotiating atmosphere.

Today, however, nearly all options transactions take place electronically, and only rare orders above a certain size or those with special contingencies attached are passed to brokers working on the floor of the exchange. The manner in which a trade is filled is invisible to the investor, regardless of whether it happens electronically or through open outcry. In either case, when a trade has been successfully completed, investors are notified by their brokerage firms.

OPTIONS EXCHANGES

Before 1973, options trading was unregulated and options traded over the counter (OTC). The Chicago Board Options Exchange was the first to open, and the list has expanded regularly over the years. For a current list of exchanges, please see OIC’s website.

INTRODUCING MORE PLAYERS

These organizations all have a role to play in options trading:

- **OCC** is the actual buyer and seller of all listed options contracts, which means that every matched trade is guaranteed by OCC, eliminating any counterparty credit risk.

- **The Options Industry Council (OIC)** is a resource provided by OCC. OIC offers education for investors about the benefits and risks of trading options.

- **The Securities and Exchange Commission (SEC)** is a US federal agency that governs the securities industry, including the options industry. The SEC protects investors by enforcing US securities laws and regulating markets and exchanges.

- **The Options Clearing Corporation (OCC)** is a central clearinghouse to act as issuer and guarantor of all options contracts in the marketplace. That clearinghouse, which became The Options Clearing Corporation in 1975, has approximately 130 member firms who clear trades for the brokerage firms, market makers, and customers who buy and sell options.

Because of OCC, investors who open and close positions, trade contracts in the secondary market, or choose to exercise can be confident that their matched trades will be settled on the day following the trade, that premiums will be collected and paid, and that exercise notices will be assigned according to established procedures.

Like the options exchanges, OCC has streamlined the clearing process—evolving from runners who made the rounds of member firms twice a day to a totally electronic environment.
**THE BASICS**

**What Are the Benefits?**

Whether you’re hedging, seeking income, or speculating, you can put options to work for your portfolio.

Although options may not be appropriate for everyone, they’re among the most flexible of investment choices. Depending on the contract, options can protect or enhance the portfolios of many different kinds of investors in rising, falling, and neutral markets.

**REDUCING YOUR RISK**

For many investors, options are useful as tools of risk management, acting as a way to protect your portfolio against a drop in stock prices. For example, if Investor A is concerned that the price of his shares in XYZ Corporation is about to drop, he can purchase puts that give him the right to sell his stock at the strike price, no matter how low the market price drops before expiration. At the cost of the option’s premium, Investor A has protected himself against losses below the strike price. This type of option practice is also known as **hedging**. While hedging with options may help you manage risk, it’s important to remember that all investments carry some risk, and returns are never guaranteed.

Investors who use options to manage risk look for ways to limit potential loss. They may choose to purchase options, since loss is limited to the price paid for the premium. In return, they gain the right to buy or sell the underlying security at an acceptable price for them. They can also profit from a rise in the value of the option’s premium, if they choose to sell it back to the market rather than exercise it. Since writers of options are sometimes forced into buying or selling stock at an unfavorable price, the risk associated with certain short positions may be higher.

**RULE OF THUMB**

*If you buy a call, you have a bullish outlook, and anticipate that the value of the underlying security will rise. If you buy a put you are bearish, and think the value of the underlying security will fall.*

**OPTIONS FOR ALL INVESTORS**

**Conservative.** Investors with a conservative attitude can use options to hedge their portfolios, or provide some protection against possible drops in value. Options writing can also be used as a conservative strategy to bolster income. For example, say you would like to own 100 shares of XYZ Corporation now trading at $56, and are willing to pay $50 a share. You write an XYZ 50 put, and pocket the premium. If prices fall and the option is exercised, you’ll buy the shares at $50 each. If prices rise, your option will expire unexercised. If you still decide to buy XYZ shares, the higher cost will be offset by the premium you received.

**Bearish.** Investors who anticipate a market downturn can purchase puts on stock to profit from falling prices or to protect portfolios—regardless of whether they hold the stock on which the put is purchased.

**MODERATE PROFITS**

Most strategies that options investors use have limited risk but also limited profit potential. For this reason, options strategies are not get-rich-quick schemes. Transactions generally require less capital than equivalent stock transactions, and therefore return smaller dollar figures—but a potentially greater percentage of the investment—than equivalent stock transactions.

**MODERATE PROFITS HEDGING**

Hedging is a common strategy among many investors. An option can be purchased at any time and for any amount of money. An investor can choose to purchase a put or a call, and the price of the option is determined by the underlying stock. For example, say you would like to own 100 shares of XYZ Corporation now trading at $56, and are willing to pay $10,000 on the purchase of 100 shares. But Investor B doesn’t have much money to invest. Instead of buying 100 shares of stock, she purchases one XYZ call option at a strike price of $115. The premium for the option is $2 a share, or $200 a contract, since each contract covers 100 shares.

If the price of XYZ shares rises to $120, the value of her option might rise to $5 or higher, and Investor B can sell it for $500, making a $300 profit or a 150% return on her investment. Investor A, who bought 100 XYZ shares at $100, could make $2,000, but only realize a 20% return on her investment.

**Bullish.** Investors who anticipate a market upturn can purchase calls on stock to participate in gains in that stock’s price—at a fraction of the cost of owning that stock. Long calls can also be used to lock in a purchase price for a particular stock during a bull market, without taking on the risk of price decline that comes with stock ownership.

**Aggressive.** Investors with an aggressive outlook use options to leverage a position in the market when they believe they know the future direction of a stock. Options holders and writers can speculate on market movement without committing large amounts of capital. Since options offer leverage to investors, it’s possible to achieve a greater percentage return on a given rise or fall than one could through stock ownership. But this strategy can be a risky one, since losses may be larger, and since it is possible to lose the entire amount invested.
What Are the Risks?
The risks of options need to be weighed against their potential returns.

Many options strategies are designed to minimize risk by hedging existing portfolios. While options can act as safety nets, they’re not risk free. Since transactions usually open and close in the short term, gains can be realized very quickly. This means that losses can mount quickly as well. It’s important to understand all the risks associated with holding, writing, and trading options before you include them in your investment portfolio.

RISKING YOUR PRINCIPAL
Like other securities—including stocks, bonds, and mutual funds—options carry no guarantees, and you must be aware that it’s possible to lose all of the principal you invest, and sometimes more. As an options holder, you risk the entire amount of the premium you pay. But as an options writer, you take on a much higher level of risk. For example, if you write an uncovered call, you face unlimited potential loss, since there is no cap on how high a stock price can rise.

However, since initial options investments usually require less capital than equivalent stock positions, your potential cash losses as an options investor are usually smaller than if you’d bought the underlying stock or sold the stock short. The exception to this general rule occurs when you use options to provide leverage: Percentage returns are often high, but it’s important to remember that percentage losses can be high as well.

WHAT YOU OWN
It’s also important for you as an options investor to understand the difference between owning options and owning stock. Shares of stock are pieces of a company, independent of what their price is now or the price you paid for them. Options are the right to acquire or sell shares of stock at a given price and time. Options holders own the rights to what’s sometimes described as price movement, but not a piece of the company.

Shareholders can benefit in ways other than price movement, including the distribution of dividends. They also have the right to vote on issues relating to the management of the company. Options holders don’t have those benefits and rights.

PAY ATTENTION
Since options are wasting assets, losses and gains occur in short periods. If you followed a buy and hold strategy, as you might with stocks, you’d risk missing the expiration date or an unexpected event. It’s also important to fully understand all potential outcomes of a strategy before you open a position. And once you do, you’ll want to be sure to stay on top of changes in your contracts.

• Since an option’s premium may change rapidly as expiration nears, you should frequently evaluate the status of your contracts, and determine whether it makes financial sense to close out a position.
• Regularly check OCC’s website, theocc.com, for any pending corporate actions, such as splits and mergers, that might prompt contract adjustments.

UNDERSTANDING PREMIUM
The value of an equity option is composed of two separate factors. The first, intrinsic value, is equal to the amount that the option is in-the-money. Contracts that are at-the-money or out-of-the-money have no intrinsic value. So if you exercised an at-the-money option you wouldn’t make money, and you’d lose money if you exercised an out-of-the-money option. Neither would be worth the cost of exercise transaction fees. But all unexercised contracts still have time value, which is the perceived—and often changing—dollar value of the time left until expiration. The longer the time until expiration, the higher the time value, since there is a greater chance that the underlying stock price will move and the option will become in-the-money.

Premium = intrinsic value + time value

The entire premium of an at-the-money or out-of-the-money option is its time value, since its intrinsic value is zero. In contrast, the entire premium of an in-the-money option at expiration is its intrinsic value, since the time value is zero.
How Do You Get Started?

It takes forethought and planning to begin investing successfully in options.

Since there are so many available options—and so many ways to trade them—you might not know where to begin. But getting started is easier than you think, once you determine your goals.

KNOW WHAT YOU WANT...
Before you begin trading options it’s critical to have a clear idea of what you hope to accomplish. Options can play a variety of roles in different portfolios, and picking a goal narrows the field of appropriate strategies you might choose. For example, you might decide you want more income from the stocks you own. Or maybe you hope to protect the value of your portfolio from a market downturn. No one objective is better than another, just as no one options strategy is better than another—it depends on your goals.

AND HOW TO GET IT
Once you’ve decided upon an objective, you can begin to examine options strategies to find one or more that can help you reach that goal. For example, if you want more income from the stocks you own, you might investigate strategies such as writing covered calls. Or, if you’re trying to protect your stocks from a market downturn, you might think about purchasing puts, or options on an index that tracks the type of stocks in your portfolio.

MORE THAN JUST A BROKER
Once you’re ready to invest in options, you need to choose a brokerage firm. Your firm may offer helpful advice as well as execute your trades. Some firms go further by working with clients to ensure that options trading fits into their individual financial plans. They also advise clients about potential objectives and strategies, and outline the risks and benefits of various transactions.

Some options investors choose discount firms that charge lower commissions, but don’t offer personalized advising services. But others, including both inexperienced and veteran investors, prefer to consult their brokers before opening or closing out a position.

DOING THE PAPERWORK
Even if you have a general investment account, there are additional steps to take before you can begin trading options. First, you’ll have to fill out an options agreement form, which is a document brokerage firms use to measure your knowledge of options and trading strategies, as well as your general investing experience.

Before you begin trading options, you should read the document titled Characteristics and Risks of Standardized Options, which contains basic information about options as well as detailed examples of the risks associated with particular contracts and strategies. In fact, your brokerage firm is required to distribute it to all potential options investors.

You can request a free copy of Characteristics and Risks of Standardized Options from your firm, order it by emailing options@theocc.com, or download a copy at:
- OptionsEducation.org
- theocc.com

ARE YOU ELIGIBLE?
Based on the information you provide in the options agreement, your brokerage firm will approve you for a specific level of options trading. Not all investors are allowed to trade every kind of strategy, since some strategies involve substantial risk. This policy is meant to protect brokerage firms against inexperienced or insufficiently funded investors who might end up defaulting on margin accounts. It may protect investors from trading beyond their abilities or financial means.

The levels of approval and required qualifications vary, but most brokerage firms have four or five levels. In general, the more trading experience under your belt, and the more liquid assets you have to invest, the higher your approval level. Firms may also ask you to acknowledge your acceptance of the risks of options trading.
Key Terms and Definitions
Learn the language of the options world.

While many of the terms used to describe buying and selling options are the same terms used to describe other investments, some are unique to options. Mastering the new language may take a little time, but it’s essential to understanding options strategies you’re considering.

IT’S GREEK TO ME
The terms that estimate changes in the prices of options as various market factors—such as stock price and time to expiration—change are named after Greek letters, and are collectively known as the Greeks. Many investors use the Greeks to compare options and find an option that fits a particular strategy. It's important to remember, though, that the Greeks are based on mathematical formulas. While they can be used to assess possible future prices, there’s no guarantee that they’ll hold true.

GREEKS ON STOCKS
When used to describe stocks, these measurements compare the stock’s performance to a benchmark index.

Delta. A measure of how much a stock's volatility changes in relation to the overall market. A beta may help you determine how closely a stock in your portfolio tracks the movement of an index, if you're considering hedging with index options. A beta of 1.5 means a stock gains 1.5 points for every point the index gains—and loses 1.5 points for every point the index loses.

Alpha. A measure of how a stock performs in relation to a benchmark, independent of its beta. A positive alpha means that the stock outperformed what the beta predicted, and a negative alpha means the stock didn’t perform as well as predicted.

GREEKS ON OPTIONS
When used to describe options, the Greeks usually compare the movement of an option’s theoretical price or volatility as the underlying stock changes in price or volatility, or as expiration nears.

Delta. A measure of how much an option price changes when the underlying stock price changes. The delta of an option varies over the life of that option, depending on the underlying stock price and the amount of time left until expiration.

Like most of the Greeks, delta is expressed as a decimal between 0 and +1 or 0 and –1. For example, a call delta of 0.5 means that for every dollar increase in the stock price, the call premium increases 50 cents. A delta between 0 and –1 refers to a put option, since put premiums fall as stock price increases. So a delta of –0.5 would mean that for every dollar increase in the stock price, the put premium would be expected to drop by 50 cents.

Theta. The rate at which premium decays per unit of time as expiration nears. As time decays, options prices can decrease rapidly if they’re out-of-the-money. If they’re in-the-money near expiration, options price changes tend to mirror those of the underlying stock.

Rho. An estimate of how much the price of an option—its premium—changes when the interest rate changes. For example, higher interest rates may mean that call prices rise and put prices decline.

Vega. An estimate of how much an option price changes when the volatility assumption changes. In general, greater volatility means a higher option premium. Vega is also sometimes referred to as kappa, omega, or tau.

GREEKS ON GREEKS
Some Greeks work as secondary measurements, showing how a particular Greek changes as the option changes in price or volatility.

Gamma. A measure of how much the delta changes when the price of the underlying stock changes. You might think of gamma as the delta of an option’s delta.

A VOLATILE SITUATION
Volatility is an important component of an option’s price. There are two kinds of volatility: historic and implied. Historic volatility is a measure of how much the underlying stock price has moved in the past. The higher the historic volatility, the more the stock price has changed over time. You can use historic volatility as an indication of how much the stock price may fluctuate in the future, but there’s no guarantee that past performance will be repeated.

Implied volatility is the percentage of volatility that justifies an option’s market price. Investors may use implied volatility to predict how volatile the underlying asset will be, but like any prediction, it may or may not hold true.

Volatility is a key element in the time value portion of an option’s premium. In general, the higher the volatility—either historic or implied—the higher the option’s premium will be. That’s because investors assume there’s a greater likelihood of the stock price moving before expiration, putting the option in-the-money.

OTHER MEASUREMENTS
Open interest. The number of open positions for a particular options series. High open interest means that there are many open positions on a particular option, but it is not necessarily a sign of bullishness or bearishness.

Volume. The number of contracts—both opening and closing transactions—traded over a certain period. A high daily volume means many investors opened or closed positions on a given day.

Liquidity. The more buyers and sellers in the market, the greater the liquidity for a particular options series. Higher liquidity may mean that there is a demand for a particular option, which might increase the premium if there are lots of buyers, or decrease the premium if there are lots of sellers.

HEDGING
If you hedge an investment, you protect yourself against losses, usually with another investment that requires additional capital. With options, you might hedge your long stock position by writing a call or purchasing a put on that stock. Hedging is often compared to buying insurance on an investment, since you spend some money protecting yourself against the unexpected.

LEVERAGE
When you leverage an investment, you use a small amount of money to control an investment that’s worth much more. Stock investors have leverage when they trade on margin, committing only a percentage of the capital needed and borrowing the rest. As an options investor, you have leverage when you purchase a call, for example, and profit from a change in the underlying stock’s price at a lower cost than if you owned the stock. Leverage also means that profits or losses may be higher, when calculated as a percentage of your original investment.
Introduction to Options Strategies

Planning, commitment, and research will prepare you for investing in options.

Before you buy or sell options you need a strategy, and before you choose an options strategy, you need to understand how you want options to work in your portfolio. A particular strategy is successful only if it performs in a way that helps you meet your investment goals. If you hope to increase the income you receive from your stocks, for example, you’ll choose a different strategy from an investor who wants to lock in a purchase price for a stock she’d like to own.

One of the benefits of options is the flexibility they offer—they can complement portfolios in many different ways. So it’s worth taking the time to identify a goal that suits you and your financial plan. Once you’ve chosen a goal, you’ll have narrowed the range of strategies to use. As with any type of investment, only some of the strategies will be appropriate for your objective.

**SIMPLE AND NOT-SO-SIMPLE**

Some options strategies, such as writing covered calls, are relatively simple to understand and execute. There are more complicated strategies, however, such as spreads and collars, that require two opening transactions. These strategies are often used to further limit the risk associated with options, but they may also limit potential return. When you limit risk, there is usually a trade-off.

Simple options strategies are usually the way to begin investing with options. By mastering simple strategies, you’ll prepare yourself for advanced options trading. In general, the more complicated options strategies are appropriate only for experienced investors.

### AN OVERVIEW OF STRATEGIES

It’s helpful to have an overview of the implications of various options strategies. Once you understand the basics, you’ll be ready to learn more about how each strategy can work for you—and what the potential risks are.

<table>
<thead>
<tr>
<th>POSSIBLE OBJECTIVE</th>
<th>YOUR MARKET FORECAST</th>
<th>POTENTIAL RISK</th>
<th>POTENTIAL RETURN</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>CALL BUYING</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Profit from increase in price of the underlying security, or lock in a good purchase price</td>
<td>Bullish</td>
<td>Limited to the premium paid</td>
<td>Theoretically unlimited</td>
</tr>
<tr>
<td><strong>CALL WRITING</strong></td>
<td>Neutral to bearish, though covered call writing may be bullish</td>
<td>Unlimited for naked call writing, limited for covered call writing</td>
<td>Limited to the premium received</td>
</tr>
<tr>
<td><strong>PUT BUYING</strong></td>
<td>Bearish</td>
<td>Limited to the premium paid</td>
<td>Substantial, as the stock price approaches zero</td>
</tr>
<tr>
<td><strong>PUT WRITING</strong></td>
<td>Neutral to bullish, though cash-secured puts may be bearish</td>
<td>Substantial, as the stock price approaches zero</td>
<td>Limited to the premium received</td>
</tr>
<tr>
<td><strong>SPREADS</strong></td>
<td>Bullish or bearish, depending on the particular spread</td>
<td>Limited</td>
<td>Limited</td>
</tr>
<tr>
<td><strong>COLLARS</strong></td>
<td>Neutral to bullish</td>
<td>Limited</td>
<td>Limited</td>
</tr>
</tbody>
</table>

**MAKE A COMMITMENT**

Once you’ve decided on an appropriate options strategy, it’s important to stay focused. That might seem obvious, but the fast pace of the options market and the complicated nature of certain transactions make it difficult for some inexperienced investors to stick to their plan. If it seems that the market or underlying security isn’t moving in the direction you predicted, it’s possible that you’ll minimize your losses by exiting early. But it’s also possible that you’ll miss out on a future beneficial change in direction.

That’s why many experts recommend that you designate an exit strategy or cut-off point ahead of time, and hold firm.

**A WORD TO THE WISE**

By learning some of the most common mistakes that options investors make, you’ll have a better chance of avoiding them.

**Overleveraging.** One of the benefits of options is the potential they offer for leverage. By investing a small amount, you can earn a significant percentage return. It’s very important, however, to remember that leverage has a potential downside too:

A small decline in value can mean a large percentage loss. Investors who aren’t aware of the risks of leverage are in danger of overleveraging, and might face bigger losses than they expected.

**Lack of understanding.** Another mistake some options traders make is not fully understanding what they’ve agreed to. An option is a contract, and its terms must be met upon exercise. It’s important to understand that if you write a covered call, for example, there is a very real chance that your stock will be called away from you. It’s also important to understand how an option is likely to behave as expiration nears, and to understand that once an option expires, it has no value.

**Not doing research.** A serious mistake that some options investors make is not researching the underlying instrument. Options are derivatives, and their value depends on the price behavior of another financial product—a stock, in the case of equity options. You have to research available options data, and be confident in your reasons for thinking that a particular stock will move in a certain direction before a certain date. You should also be alert to any pending corporate actions such as splits and mergers.
Selecting the Right Security

Don’t let yourself be overwhelmed by the options.

Choosing a strategy is the first step when investing in options. The second—and equally important—step is finding the right security on which to purchase or write an option. You might choose a stock or another type of equity as the underlying instrument.

The Search for the Right Security

1. INVESTING OPTIONS

When choosing a stock to purchase, you probably look for a company with growth potential or a strong financial outlook—a company whose stock price you think will increase over time or one that will pay regular dividends. But as an options investor, you might be looking for a company whose stock price will rise or one whose price you think will fall in a finite period. What’s important is that you correctly predict whether the price will rise or fall, and by how much.

Buying stock also allows you a virtually unlimited amount of time to realize a price gain. As an options holder or writer, however, you need to be accurate in your prediction of the speed with which the stock price will move, as well as how far and in which direction.

2. APPLYING RESEARCH

There’s no one best research method for choosing a security when trading options any more than there is when trading stocks. You might prefer a technical analysis, which emphasizes an assessment of price trends and trading patterns in market sectors or overall markets, or consult a fundamental analyst, who studies the particulars of a certain company. For example, Investors A and B are both interested in the stock of corporation XYZ. They know that a quarterly earnings report will be released in a month, and they’d like to predict whether the stock will rise in response to a good report, or fall in response to low earnings—though, of course, it could do something they don’t expect. They both conduct further research. Investor A prefers technical analysis, and looks at statistics such as the market’s moving average and the recent performance of XYZ’s sector, in order to gauge the overall outlook of the company.

Investor B, however, relies on a fundamental analyst who looks at XYZ’s recent product launches and analyzes the performance of its CEO to predict the nature of the earnings report.

Both Investor A and Investor B could use their research to estimate whether the earnings report will be good news, neutral, or bad news for XYZ, and whether stock will rise or fall in the months after the report’s release.

How you apply your research will depend on your style of analysis, as well as your own experience with investing, your knowledge of the stock market, and your intuition. Many experts recommend that you use elements of both technical and fundamental analysis when researching an equity, to get a balanced perspective.

3. ACCEPTING RISK

No matter how well you’ve researched the equity on which you buy or write an option, there’s no guarantee that your trade will be successful. Some advisers recommend that you consider the probability of the success of a particular trade. Probability is a measurement of the odds that you’ll achieve the goal behind your options strategy, which might be making a profit or purchasing stock, for example.

Probability is based on factors including volatility, since an out-of-the-money option on an underlying instrument with high volatility—or one that often changes in price—is more likely to move in-the-money. It’s important to estimate the probability of success before committing yourself to a trade. You’ll have more realistic expectations and a better sense of what you stand to gain and to lose.

4. MANAGING YOUR CASH

How you’re going to manage your capital is another important decision to make before you trade options.

- If you’re not very experienced, you might consider trading options with risk capital only, or money that you could tolerate losing entirely, particularly when purchasing simple puts or calls.
- You should also take into account the impact that trading options on margin will have on your cash allocation. If you write an uncovered call, you’ll have to deposit a minimum percentage of the value of the underlying shares into a margin account with your broker. This might mean tying up funds that you would have invested elsewhere.

RESEARCH SOURCES
- Corporate websites, the websites of financial research firms, and magazines provide company news and market trends
- Your broker or financial adviser can make recommendations as well as provide professional research
- Options newsletters often offer information on particular equities and trading strategies
Call Buying
You can profit from an increase in a stock’s price by purchasing a call.

Buying calls is popular with options investors, novices and experts alike. The strategy is simple: You buy calls on a stock or other equity whose market price you think will be higher than the strike price plus the premium by the expiration date. Or, you buy a call whose premium you think will increase enough to outpace time decay. In either case, if your expectation is correct, you may be in a position to realize a positive return. If you’re wrong, you face the loss of your premium—generally much less than if you had purchased shares and they lost value.

INVESTOR OBJECTIVES
Call buying may be appropriate for meeting a number of different objectives. For example, if you’d like to establish a price at which you’ll buy shares at some point in the future, you may buy call options on the stock without having to commit the full investment capital now.

Or, you might use a buy low/sell high strategy, buying a call that you expect to rise and hoping to sell it after it increases in value. In that case, it’s key to pick a call that will react as you expect, since not all calls move significantly even when the underlying stock rises.

CALLING FOR LEVERAGE
One major appeal of purchasing calls is the possibility of leveraging your investment, and realizing a much higher percentage return than if you made the equivalent stock transaction.

1. Investor A buys 100 shares of company XYZ stock at $10 each, investing a total of $1,000.

\[
\text{100 Shares} \times \frac{\$10}{\text{Share}} = \$1,000 \text{ Investment}
\]

2. In the next year, the stock rises in value to $15.

\[
\text{100 Shares} \times \frac{\$15}{\text{Share}} = \$1,500 \text{ Sale price}
\]

3. Investor A sells and makes $500, or a 50% return on his initial investment.

\[
\text{Sale price} - \text{Investment} = \$500 \text{ Profit or 50% return}
\]

However, if the stock price falls at expiration to $9, Investor A will lose $100, or 10% of his investment.

1. Investor B, however, invests the same $1,000 in options, buying 20 calls at a strike price of $12.50. Each call cost her $50, or 50 cents per share, since her contract covers 100 shares.

\[
\text{20 Calls} \times \frac{\$0.50}{\text{Call}} = \$1,000 \text{ Investment}
\]

2. When the stock goes up to $15, her options are in-the-money by $2.50. Therefore the value of her calls rises from 50 cents at purchase to at least $2.50 per share, a $200 gain per contract.

\[
\text{20 Calls} \times \frac{\$2.50}{\text{Call}} = \$5,000 \text{ Sale price}
\]

3. At expiration the 20 contracts are now worth $5,000, or $4,000 above what she invested, a 400% return.

\[
\text{Sale price} - \text{Investment} = \$4,000 \text{ Profit or 400% return}
\]

PERFECT TIMING
Buying calls can provide an advantage over several different time periods:

Short term. Investors can profit if they sell an option for more than they paid for it, for example if there is an increase in the stock’s price before expiration.

Medium term. Over a matter of several months, investors can use call options to minimize the risk of owning stock in an uncertain market. Investors who want to lock in a purchase price for a year or longer can buy LEAPS, or periodically purchase new options.

Long term. LEAPS allow investors to purchase calls at a strike price they’re comfortable with, and accumulate the capital to purchase those shares in the intervening time until expiration.

BETTER THAN MARGIN
For certain investors, buying calls is an attractive alternative to buying stock on margin. Calls offer the same leverage that you can get from buying on margin, but you take on less potential risk.

If you buy stock on margin, you must maintain a certain reserve of cash in your margin account to cover the possible loss in value of those stocks. If the stock price does fall, you must add cash to meet the margin requirement, liquidate a portion of your position, or face having your brokerage firm liquidate your assets.

If you purchase calls, you have the same benefit of low initial investment as the margin trader, but if the value of the stock drops, the main risk you face is loss of the premium, an amount that’s usually much smaller than the initial margin requirement.

EXERCISING YOUR CALLS
Most call contracts are sold before expiration, allowing their holders to realize a profit if there are gains in the premium. If you’ve purchased a call with the intent of owning the underlying instrument, however, you can exercise your right at any time before expiration, subject to the exercise cut-off policies of your brokerage firm.

However, if you don’t resell and don’t exercise before expiration, you’ll face the loss of all of the premium you paid. If your call is out-of-the-money at expiration, you most likely won’t exercise. If your option is at-the-money, transaction fees may make it not worth exercising. But if your option is in-the-money, you should be careful not to let expiration pass without acting.

Some experienced investors may purchase calls in order to hedge against short sales of stock they’ve made. Investors who sell short hope to profit from a decrease in the stock’s price. If the shares increase in value instead, they can face heavy losses. Buying calls allows short sellers to protect themselves against the unexpected increase, and limit their potential risk.
Call Writing
You can write covered calls to earn income on your stocks.

**INVESTOR OBJECTIVES**

You might write calls in order to receive short-term income from the premium you’ll be paid. If that’s your strategy, you anticipate that the option you write will expire out-of-the-money, and won’t be exercised. In that case, you’ll retain all of the premium as profit. If you’ve written this call on stocks you already own, known as a covered call, the premium can act as a virtual dividend that you receive on your assets. Many investors use this strategy as a way to earn additional income on non-dividend-paying stocks.

Alternately, you could view the premium as a way to reduce your cost basis, or the amount that you paid for each share of stock.

**COVERED CALLS**

1. When you write a covered call, you own the stock. For example, say you purchased 100 shares of XYZ stock at $50.

   \[ \text{100 Shares} \times \$50 \text{ Per share} = \$5,000 \text{ Investment} \]

   \[ \text{CALL} \text{ $55 (3 per share)} \]

   \[ \text{You write a $55 call on the stock, and receive a $300 premium, or $3 for each share covered by this contract.} \]

   \[ \text{$300} \]

**NAKED CALLS**

A much more risky strategy is writing naked calls, or options on stock you don’t own. Also known as uncovered call writing, this strategy appeals to bearish investors who want to capitalize on a decline in the underlying shares.

1. You write a $55 call on a stock, and receive a $300 premium, or $3 for each share covered by this contract.

   \[ \text{CALL} \text{ $55 (3 per share)} \]

   \[ \text{If the price doesn’t go up and the option expires unexercised, you keep the $300 premium as profit.} \]

   \[ \text{$300} \]

**CALCULATING RETURN**

In order to calculate the return on a written call, you’ll have to take into account the transaction costs and brokerage fees you pay for opening the position, which will be deducted from the premium you receive. And if your option is exercised, you’ll have to pay another round of fees. But since you probably plan for your option to expire unexercised, if you’re successful you won’t face any exit transaction fees or commission.

If you write a call on stock you hold in a margin account, you should consider the margin requirement imposed by your firm when calculating return. If your trade is successful you retain all of your capital, but it will be tied up in the margin account until expiration. That means you can’t invest it elsewhere in the meantime.

**EXITING AND EXERCISE**

If the stock or other equity on which you wrote a call begins to move in the opposite direction from what you anticipated, you can close out your position by buying a call in the same series as the one you sold. The premium you pay may be more or less than the premium you received, depending on the call’s intrinsic value and the time left until expiration, among other factors. You can also close out your position and then write new calls with a later expiration, a strategy known as rolling out.

If the call you wrote is exercised—as is possible at any point before expiration—you will have to deliver the underlying security to your brokerage firm. The assignment for an exercised call is made by OCC to any of its member brokerage firms. If your brokerage firm receives an assignment on an options series on which you hold a short position, you may be selected to fulfill the terms of the contract if you were the first at your brokerage firm to open the position, or by random selection, depending on the policy of the firm. It is extremely rare for the writer of an in-the-money call to not have to sell the underlying stock at expiration.

**COVERED CALLS**

If you have written an option on a stock with an upcoming dividend distribution, it’s important to know that the likelihood of exercise is much higher right before a dividend payout. If the stock’s dividend date on a call you’ve written is approaching, you should re-evaluate and determine whether to close out your position.

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Put Buying

You can hedge your stock positions by going long with puts.

Buying puts is a simple strategy that can help protect your assets or let you profit even in a bear market. If you think the market is going to decline, buying puts might be more advantageous than either selling the stocks you own or selling stock short through your margin account.

INVESTOR OBJECTIVES

Put buying is a strategy some investors use to hedge existing stock positions. For the cost of the premium, you can lock in a selling price, protecting yourself against any drop in asset value below the strike price until the option expires. If you exercise your option, the put writer must purchase your shares at the strike price, regardless of the stock’s current market price.

But if the stock price rises, you’re still able to benefit from the increase since you can let the option expire and hold onto your shares. Your maximum loss, in that case, is limited to the amount you paid for the premium.

Speculators who forecast a bearish equity market often buy puts in order to profit from a market downturn. As the price of the underlying equity decreases, the value of the put option theoretically rises, and it can be sold at a profit. The potential loss is predetermined—and usually smaller—which makes buying puts more appealing than another bearish trading strategy, selling stock short.

GETTING MARRIED

If you buy shares of the underlying stock at the same time that you purchase a put, the strategy is known as a married put. If you purchase a put on an equity that you’ve held for some time, the strategy is known as a protective put. Both of these strategies combine the benefits of stock ownership—dividends and a shareholder’s vote—with the downside protection that a put provides.

Holding the underlying stock generally indicates a bullish market opinion, in contrast to other long put positions. If you would like to continue owning a stock, and think it will rise in value, a married put can help protect your portfolio’s value in case the stock price drops, minimizing the risks associated with stock ownership. In the same way, a protective put locks in unrealized gains on stocks you’ve held, in case they begin to lose value.

SHORT A STOCK OR LONG A PUT

If you sell stock short, you borrow shares on margin from your brokerage firm and sell them on the stock market. If—as you hope—the stock price drops, you buy the equivalent number of shares back at a lower price, and repay your brokerage firm. The difference in the two prices is your profit from the trade. For many investors, buying puts is an attractive alternative to shorting stock.

Shorting stock requires a margin account with your brokerage firm. A short seller also faces the possibility of a margin call if the stock price rises, and could be forced to sell off other assets.

Shorting stock involves potentially unlimited loss if the price of the stock begins to rise and the shares have to be repurchased at a higher price than they were sold.

Under certain conditions, investors can short stocks only on an uptick, or upward price movement. The uptick rule is meant to prevent a rush of selling as the price of a security drops.

PUTS ARE PURCHASED OUTRIGHT, USUALLY FOR A MUCH LOWER AMOUNT THAN THE MARGIN REQUIREMENT, SO YOU DON’T HAVE TO COMMIT AS MUCH CASH TO THE TRADE.

A long put poses much less risk to an investor than shorting stock. The holder of a put always faces a predetermined, limited amount of risk.

Puts can be purchased regardless of a stock’s current market price.

CALCULATING

Whenever you buy a put, your maximum loss is limited to the amount you paid for the premium. That means calculating the potential loss for a long put position is as simple as adding any fees or commissions to the premium you paid. You’ll realize this loss if the option expires unexercised or out-of-the-money. If you

RETURN

anticipate experiencing a loss and sell your option before expiration, you may be able to make back some of the premium you paid and reduce your loss, though the market price of the option will be less than the premium you paid.

Purchasing to Hold or Sell the Option

If you purchase a put and later sell it, you can calculate return by figuring the difference between what you paid and what you received.

For example, say you purchase one XYZ put for $300, or $3 per share.

A month later, the price of the underlying equity falls, placing the put in-the-money. You sell your option for $600, or $6 per share.

Your return is $300, or 100% of your investment.

Purchasing to Hedge a Stock Position

If you purchased the put to hedge a stock position, calculating your return means finding the difference between your total investment—the price of the premium added to the amount you paid for the shares—and what you would receive if you exercised your option.

For example, if you purchased 100 XYZ shares at $40 each, you invested $4,000.

If you purchased one XYZ put with a strike price of $35 for $200, or $2 per share, you’ve invested $4,200 total in the transaction.

If you exercise the option, you’ll receive $3,500, for a $700 loss on your $4,200 investment.

Puts can be purchased outright, usually for a much lower amount than the margin requirement, so you don’t have to commit as much cash to the trade.

A put writer must purchase your shares at the strike price, regardless of the stock’s current market price.

If you exercise the option, you’ll receive $3,500, or $35 per share, you’ve invested $4,200 total in the transaction.

A month later, the price of the underlying equity falls, placing the put in-the-money. You sell your option for $600, or $6 per share.

Your return is $300, or 100% of your investment.

$600 Sale price
– $300 XYZ put price
= $300 or 100% return

If the price of the stock has risen after a month, the put is out-of-the-money, and the premium drops to $200.

You decide to cut your losses and sell the put. You’ve lost $100, or 33% of your investment.

$300 XYZ put price
– $200 Sale price
= $100 or 33% loss

A $700 loss might seem big, but keep in mind that if the price of the stock falls below $35, you would face a potentially significant loss if you didn’t hold the put. By adding $200 to your investment, you’ve guaranteed a selling price of $35, no matter how low the market price drops.
Put Writing

You can earn income or lock in a purchase price with a put.

While writing puts can sometimes be a risky transaction, there may be room for the strategy in more conservative portfolios. By writing puts on stocks you’d like to own, you can lock in a purchase price for a set number of shares. But if the stock price increases, you may still profit from the premium you receive.

**INVESTOR OBJECTIVES**

Investors who choose to write puts are often seeking additional income. If you have a neutral to bullish prediction for a certain stock or stock index, you can sell a put on that underlying instrument, and you’ll be paid a premium. If the underlying instrument doesn’t drop in price below the strike price, the option will most likely expire unexercised. The premium is your profit on the transaction.

For example, say you think that the stock of XYZ, currently trading at $52, won’t drop below $50 in the next few months.

You could write one XYZ put with a strike price of $45, set to expire in six months, and sell it for $200. If the price of XYZ rises, stays the same, or even drops to $46, your option remains out-of-the-money. You’ll keep the $200.

A more conservative use of put writing combines the options strategy with stock ownership. If you have a target price for a particular stock you’d like to own, you could write put options at an acceptable strike price. You’d receive the premium at the opening of the transaction, and if the option is exercised before expiration, you’ll have to buy the shares. The premium you received, however, will reduce your net price paid on those shares.

For example, if the price of XYZ stock drops to $42, your short put with a strike of $45 is in-the-money. If you are assigned, you’ll have to purchase the stock for $4,500. That amount is partially offset by the $200 premium, so your total outlay is $4,300.

You would pay a net price of $43 for each share of XYZ stock. If its price rises in the future, you could realize significant gains.

Or, you could close out your position prior to assignment by purchasing the same put. Since the option is now in-the-money, however, its premium may cost you more than you collected when you sold the put.

**CALCULATING RETURN**

If you write a put and it expires unexercised, your return may seem simple to calculate: Subtract any fees and commissions from the premium you received. But writing puts usually requires a margin account with your brokerage firm, so you should include in your calculations any investing capital that was held in that account, since it could perhaps have been profitably invested elsewhere during the life of the option.

For example, if you write the XYZ 45 put, you’d receive $200. But your brokerage firm would require that premium, along with a percentage of the $4,500 needed to purchase the shares, to be held on reserve in your margin account. The capital is still yours, but it is tied up until the put expires or you close out your position.

If you write a put that is exercised, the premium you receive when you open the position reduces the amount that you pay for the shares when you meet your obligation to buy. In the case of the XYZ 45 put, the $200 premium reduces what you pay for the stock from $4,500 to $4,300. If you plan to hold the shares you purchase in your portfolio, then your cost basis is $43 per share plus commissions.

If you don’t want to hold those shares, you can sell them in the stock market. But if you sell them for less than $43 per share, you’ll have a loss.

**RISKY BUSINESS**

Writing options is generally considered riskier than holding options.

- With any put writing transaction, your maximum profit is limited to the amount of premium you receive.
- If you decide to close out your position before expiration, you might have to buy back your option at a higher price than what you received for selling it.

- At exercise, the potential loss you face is substantial if the price of the underlying instrument falls below the strike price of the put.

Due to the risks involved, and the complications of margin requirements, writing puts is an options strategy that may be most appropriate for experienced investors.

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<table>
<thead>
<tr>
<th>Write Put for Income</th>
<th>Write Put to Own Stock</th>
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<tbody>
<tr>
<td><strong>$51</strong></td>
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<td><strong>$41</strong></td>
<td><strong>$200</strong></td>
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</table>

Buy back the put for $300 with a loss of $100, or purchase the stock.

**CASH-SECURED PUTS**

Cash-secured puts may help protect against the risk you face in writing put options. At the time you write a put option contract, you place the cash needed to fulfill your obligation to buy in reserve in your brokerage account or in a short-term, low-risk investment such as Treasury bills. That way, if the option is exercised, you expect to have enough money to purchase the shares.

Securing your put with cash also prevents you from writing more contracts than you can afford, since you’ll commit all the capital you’ll need up front.
Spread Strategies

You can limit your exposure using two or more options on the same stock.

A spread is an options strategy that requires two transactions, usually executed at the same time. You purchase one option and write another option on the same stock or index. Both options are identical except for one element, such as strike price or expiration date. The most common are vertical spreads, in which one option has a higher strike price than the other. The difference between the higher strike price and the lower strike price is also known as the spread. Different spread strategies are appropriate for different market forecasts.

You use a bear spread if you anticipate a decline in the stock price. You use a bull spread if you anticipate an increase in the stock price.

WHAT ARE THE BENEFITS?
Many options investors use spreads because they offer a double hedge, which means that both profit and loss are limited. Investors who are interested in more aggressive options strategies that might expose them to significant potential losses can hedge those risks by making them one leg of a spread. The trade-off is that the potential profit is limited as well.

It might help to think of spreads as a form of self-defense. Just as you can open an options position to protect against losses in a stock position, you can open an options position to protect against losses in another options position.

CREDIT OR DEBIT?
If, like Investor A, you receive more money for the option you write than you pay for the option you buy, you’ve opened a credit spread. The difference between the two premiums is a credit you receive, and it will be deposited in your brokerage account when you open the position. In most cases, the goal of a credit spread is to have both options expire worthless, retaining your credit as profit from the transaction.

If you pay more for your long option than you receive for your short option, you’re taking on a debit spread. You’ll have to pay your brokerage firm the difference between the two premiums when you open the transaction.

In most cases, the goal of a debit spread is to have the stock move against the strike price of the short option so that you realize the maximum value of the spread.

EXECUTING A STRATEGY
1. The first step in executing a strategy is choosing an underlying security on which to purchase and write the options.
2. Next, you’ll have to choose the strike prices and expiration dates that you think will be profitable. That means calculating how far you think a stock will move in a particular direction, as well as how long it will take to do so.
3. You should be sure to calculate the maximum profit and maximum loss for your strategy, as well as the circumstances under which you might experience them. Having realistic expectations is essential to smart options investing.
4. Finally, most spreads need to be held in a margin account. A typical debit spread requirement is that they be paid in full while a credit spread requirement is the difference between strike prices minus the credit received, times $100.

MORE TYPES OF SPREADS
A calendar spread is the purchase of one option and writing of another with a different expiration date, rather than with a different strike price. This is usually a neutral strategy.

A straddle is the purchase or writing of both a call and a put on an underlying instrument with the same strike price and the same expiration date. A buyer expects the underlying stock to move significantly, but isn’t sure about the direction. A seller, on the other hand, hopes that the underlying price remains stable at the strike price.

A strangle is the purchase or writing of a call and a put with the same expiration date and different—but both out-of-the-money—strike prices. A strangle holder hopes for a large move in either direction, and a strangle writer hopes for no significant move in either direction.
Understanding Spreads

Bulls and bears, calls and puts, and credits and debits don’t have to be confusing.

There are four common vertical spread strategies: the bull put, the bull call, the bear put, and the bear call. Each of these has one long leg, or an option you buy, and one short leg, or an option you write.

<table>
<thead>
<tr>
<th>Credit or debit?</th>
<th>Long leg</th>
<th>Short leg</th>
<th>Market forecast</th>
<th>Max profit</th>
<th>Max loss</th>
</tr>
</thead>
<tbody>
<tr>
<td>Credit</td>
<td>Put at lower strike</td>
<td>Put at higher strike</td>
<td>Neutral or bullish</td>
<td>Net credit</td>
<td>Spread times 100, less credit</td>
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<td>Debit</td>
<td>Call at lower strike</td>
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</tr>
</tbody>
</table>

Many brokerage firms permit you to enter both legs of a transaction simultaneously. With others, you must execute separate transactions in an approved sequence.

EXIT A SPREAD

When you exit a spread, both legs are usually closed out, rather than exercised, since buying and selling the underlying stock means committing large amounts of capital to the strategy. Instead, you might close out the spread, by making an offsetting purchase of the option you wrote, and an offsetting sale of the option you had originally purchased.

For example, if you were moderately bullish on stock XYZ, which is trading at $55, you might open a bull call spread. You could buy a 65 call for $150 and write a 60 call, receiving $350. Your net debit is $200, which is also your maximum loss if the stock price stays below $60.

If the options stay out-of-the-money

\[\text{Profit} = \text{Number of shares} \times (\text{Lower strike} - \text{Upper strike}) \]

If the price of the stock rises to $66 at expiration, both options will be in-the-money, and it’s reasonable to assume the option you wrote will be exercised. If that’s the case, you can exercise your long call and purchase 100 XYZ shares for $6,000, and then sell those shares for $6,500 to meet your short 65 call assignment. If exercise and assignment occurred at expiration, your firm would probably net the difference.

You’d earn $500, and after subtracting the debit of $200, your profit would be $300. You would have invested $200 for that $300 profit. Alternatively, at or near expiration, you could close out your short call by buying it back for about $100 and selling your long call for about $600, leaving you with a profit of about $300, after the initial $200 debit.

You committed only $300 in cash (the debit plus the cost of offsetting your short call), instead of the $6,000 necessary if you were to exercise your long call. Either way, you have given up the opportunity to profit if the stock continues to rise.

OFFSET YOUR LOSSES

Offsetting your spread position, or buying back the spread you sold, can be advantageous if the underlying stock has moved against you. If you are bearish on XYZ when it is trading at $55, you might open a bear call spread.

You can purchase a 65 call for $150, and sell a 60 call, receiving $350. Your net credit is $200, which is also the amount of your maximum profit, if XYZ stays below $60 and both options expire out-of-the-money.

If the options expire out-of-the-money

\[\text{Profit} = \text{Number of shares} \times (\text{Upper strike} - \text{Lower strike}) \]

If your expectations were wrong and the stock price rises to $66, both XYZ options will be in-the-money. At or near expiration, you might sell your 65 call for $100, and buy back the 60 call for $600.

EARNING INCOME

Spreads can also be used to create income from stocks you hold.

For example, say you bought 100 XYZ shares at $50. Now the stock is trading at $30, and you don’t think it will rise much in the near future.

You’d like to receive income on your shares, but you don’t want to have them called away from you, incurring a loss for the tax year.

You write a slightly out-of-the-money call at $32.50, receiving $250. You simultaneously buy a 35 call for $150. Your net credit is $100.

If the options stay out-of-the-money

\[\text{Profit} = \text{Number of shares} \times (\text{Lower strike} - \text{Upper strike}) \]

If the price of the stock stays below $32.50, you pocket the $100.

If the stock price increases above $35, you can close out both options positions at a loss of $250 (the amount of the spread times the number of shares covered), which is reduced to $150 after accounting for your credit. This loss is one you may be willing to accept as your shares of XYZ gain value.

If the options are in-the-money

\[\text{Profit} = \text{Number of shares} \times (\text{Lower strike} - \text{Upper strike}) \]

The loss of $500 would be partially offset by the original $200 credit.

If the stock is $66 at expiration, you can assume your short call will be assigned, obligating you to sell 100 XYZ shares at $6,000. You’d exercise your long call, and buy 100 XYZ shares for $6,500. Your firm would probably net the difference, creating a $500 loss in your account that would be partially offset by your original $200 credit.

If the options are in-the-money

\[\text{Profit} = \text{Number of shares} \times (\text{Lower strike} - \text{Upper strike}) \]

If your expectations were wrong and the stock price rises to $66, both XYZ options will be in-the-money. At or near expiration, you might sell your 65 call for $100, and buy back the 60 call for $600.
Collar Transactions

You can use a collar to rein in profits you haven’t yet realized, but you might have to give up future gains in return.

A **collar** is a spread strategy designed to protect unrealized profits on stock you already own. You purchase a protective put on your long stock position, and offset the cost of that put by writing a call that is covered by your long stock position.

In most cases, both the long put and the short call are out-of-the-money. If the call you write is less expensive than the put you buy, you’ll pay more premium than you receive, and will establish a **debit collar**. If the put you buy is less expensive than the call you write, you’ll receive more premium than you pay, and will establish a **credit collar**.

**INVESTOR OBJECTIVES**

A collar is most often used as a protective strategy. If you hold a stock that has made significant gains, you might want to lock in those gains, protecting your position against a future drop in price. Writing a covered call can fully or partially offset the cost of purchasing a protective put. Just as with other spread strategies, the risk you face with a collar is limited—and, in return, so is the potential profit.

For example, say you purchased 100 shares of XYZ at $15 two years ago, and its current market price is $30.

\[
\begin{align*}
100 \text{ Shares} \\
\times \$15 \text{ Per share} \\
= \$1,500 \text{ Original cost}
\end{align*}
\]

If you purchase a 25 put, you’ll have the right to sell those shares at $25 before expiration, locking in a $10 profit on each share, or a total of $1,000. Suppose that put costs you $275, or $2.75 per share.

Let’s say you also write a 35 call with the same expiration month, and receive $250 in premium, or $2.50 per share.

\[
\begin{align*}
$275 \text{ Put price paid} \\
- $250 \text{ Call price received} \\
= \$25 \text{ Net cost}
\end{align*}
\]

If the price of XYZ rises above $35 at expiration, your call most likely will be exercised. You’ll receive $3,500 for your shares, or a $2,000 profit, but you’ll miss out on any further gains the stock may have.

Since the put you purchased cost more than the call you wrote, your net cost is $25—less than one tenth of the price of the protective put alone. It would cost you only $25 to ensure that you could sell at a minimum profit of $10 per share, or $1,000 per contract.

In most cases, a collar works best if you have a neutral to bearish market forecast for a stock that has behaved bullishly in the past, leaving you with unrealized gains you’d like to protect. Some investors use collars as income-producing strategies by selling them for a credit. While that approach can be profitable, it also requires time and attention to manage the strategy.
Exit Strategies
The best time to plan your exit is before you’ve entered.

You can exit an options strategy at any point before expiration, and you may have more than one alternative. But the exit strategy you choose and your timing in putting it into effect might mean the difference between a profit and a loss, a small profit and a bigger one, or a small loss and a bigger one. Smart investing means establishing how you’ll exit if your option is in-the-money, at-the-money, or out-of-the-money—before you open the trade.

CLOSING UP SHOP
Since you can close out your position, or buy back an option you sold, as an options writer you’re almost never forced to fulfill an obligation to buy or sell the underlying instrument—assuming you close out before expiration. Keep in mind, though, that in-the-money stock options are often exercised before expiration. If you write an option, closing out is the only way to make sure you won’t be assigned. Depending on the option’s premium when you want to buy it back, you might pay less than you received, making a net profit. But you might also have to pay more than you received, taking a net loss.

If that loss is less than what you would have faced were the option exercised, closing out might be the best exit. You should also keep in mind the tax consequences of selling or acquiring stock through the exercise of an option, since it might affect your capital gains or losses for the year.

If you’re an options holder, you’ll have more flexibility when deciding how to exit, since you have the choice not to exercise. You might still close out your position by selling the option, rather than exercising it. If the option’s premium has gone up since you bought it, closing out would mean making a profit. If the option’s premium has decreased, closing out would mean cutting your losses and offsetting at least part of what you paid.

IMPORTANT OF TIMING
The profit or loss you’ll face at exit depends on whether your option is in-the-money, at-the-money, or out-of-the-money. Since the intrinsic value can change quickly, timing is very important for the options investor. Just a one dollar change in the price of the underlying stock might be the difference between a position that’s profitable to hold, and one that you’ll want to close out. Especially as expiration nears, and time value drops quickly, you should monitor your positions in case they pass your predetermined point for exercise or for closing out. Time decay may work for or against you as the option gets closer to expiration, depending on the status of your option.

Another important timing factor is the exercise cut-off your brokerage firm imposes before expiration. This means you can’t wait until the last minute to decide whether to exercise your option or close out a position. Check with your broker ahead of time to determine the firm’s trading and exercise deadlines.

CHOICES FOR OPTIONS HOLDERS
If you’re long an option, the price you paid in premium might reduce your gains. For example, if you hold an XYZ 90 call that cost you $200, you’ll have to factor in the $2 per share you spent on the option when deciding how and when to exit:

If the stock price is above $92
- Your option is in-the-money. You can exercise and buy shares for $90. You can then retain the stock or possibly sell it on the market for more than $92, offsetting the $200 you spent, and still making a profit.
- You can possibly sell the option for more than the $200 you paid for it, making a profit. Investors who purchase options for leverage often choose this exit strategy.

If the stock price is between $90 and $92
- The option is in-the-money—or at-the-money, if the stock is exactly $90—but exercising it and then selling the shares won’t provide enough profit to offset the cost of the premium. If you want to own the XYZ shares, exercising it allows you to purchase them, and you might gain back your $200 in the future, if the stock rises.
- You can sell the option, hoping to earn back some of the premium you paid.
- You can let the option expire, losing $200. This may be the most costly exit, in this case.

If the stock price is below $88
- The option is in-the-money, and will most likely be exercised, which means you’ll have to buy 100 shares for more than their market price, taking a loss.
- You might buy the option back before it is exercised, paying more for it than you received, and taking a loss.

Choosing for Options Writers
If you’re short an option, the premium you received will add to your gain or reduce your loss. For example, if you wrote an XYZ 90 put that earned you $200, you can factor in the $2 per share you received for the option:

If the stock price is above $90
- The option is out-of-the-money. Since the intrinsic value will most likely not be exercised, you keep the $200 as your profit.

If the stock price is between $88 and $90
- The option is in-the-money—or at-the-money if the stock price is exactly $90—and might be exercised at the discretion of the put holder. You’ll have to buy the shares at $90, but the premium reduces your net price paid to $88 a share, so you could still sell them on the market for a small profit.
- You could buy the option back, and you may or may not have to pay as much as you received for it.
- The option could expire unexercised if it is at-the-money, in which case the $200 would remain your profit.
Rolling Up, Over, and Out

If you don’t want to exit, you can roll into another options series.

If you’ve been successfully earning income by writing covered calls and would like to extend that strategy over time, or if your options strategy hasn’t worked out as you planned but you think your initial forecast still holds true, you might consider rolling your options.

Rolling means first closing out an existing position, either by buying back the option you sold, or selling the option you bought. Next, you open a new position identical to the old option but with a new strike price, new expiration date, or both. If you are long an option, and you roll with enough time remaining before expiration, your old option will have some time premium left, which means it’s likely that you can earn back some of what you paid. But on the opposite side, if you write a covered call, rolling might reduce your income from the initial transaction. But you might roll anyway, if you don’t want your stock called away from you.

**WHEN TO ROLL**

Deciding when to roll an options position depends on several factors, including the costs involved, and your market prediction.

- **As a covered call writer**, you might roll down or out to extend your successful strategy and maintain the income provided by the premiums you receive.
- **If you use long puts to hedge your investment**, rolling your options to ones with later expirations may extend the protection you seek.
- **You might also consider rolling** if a strategy you chose hasn’t been successful, but you think that your prediction for a stock’s movement is applicable for the coming months.

**ROLLING UP**

If the new position you open has the same expiration date but a higher strike price, you’re rolling up.

You might roll up if you’ve written a covered call on a stock that has increased in price, and you’d like to maintain your short options position—or continue to generate income—without having your stock called away from you. Rolling up also appeals to call holders who have a more bullish market forecast on the underlying stock.

For example, say you think that XYZ, a stock that’s trading at $16, will increase in price in the next few months.

You buy a call with a strike price of $15, for a premium of $200. As expiration nears, XYZ has risen and is trading at $19. Your call is now worth $550. But you think XYZ will continue to rise, so you decide to roll your call up.

\[
\begin{align*}
\text{\$550 &Received from sale of long call} \\
- \text{\$200 & Purchase of call} \\
= \text{\$350 & Profit}
\end{align*}
\]

You purchase a new 20 call with a later expiration, paying $300. You earned $350 by closing out the older call, a profit that offsets the cost of the new call, leaving you with a net credit of $50 on the transaction.

\[
\begin{align*}
\text{\$350 & Profit from existing call} \\
- \text{\$300 & Purchase of new call} \\
= \text{\$50 & Net profit of rolling up}
\end{align*}
\]

**ROLLING DOWN**

If the new position you open has the same expiration but a lower strike price, you’re rolling down. This strategy might appeal to investors who’d like to receive income from writing calls on a stock for which they have a long-term neutral prediction.

For example, say you write a covered call on stock XYZ.

You predict it will be neutral or fall slightly below its current trading price of $74, so you write an 80 call, and receive $250 in premium. As expiration nears, the stock price has fallen to $72, and your short call is still out-of-the-money. That means it will likely expire unexercised, leaving you a $250 profit. But you think the stock will remain neutral or fall in the next few months, and would like to repeat your profitable trade.

You buy back the option you sold for $50, locking in a profit of $200. You then sell a 75 call and receive $150 in premium.

\[
\begin{align*}
\text{\$250 & Received from long call} \\
- \text{\$50 & Purchase of call} \\
= \text{\$200 & Profit} \\
+ \text{\$150 & Received from new long call} \\
= \text{\$350 & Total cash plus profit from rolling down}
\end{align*}
\]

When rolling down a covered call, it’s important to keep an eye on the price you paid when you initially bought the stock. If the market price falls near your original cost, it may make sense to consider closing out your position and selling the stock. But, if the price has fallen below your initial cost but begins to rise, you might have to scramble and buy back your call.

**WORD TO THE WISE**

While rolling may be used effectively to increase your profits, it’s important to make sure that you base a decision to roll on your research and market forecast. If you chose a strategy and the stock moved against you, it’s possible that rolling out—or up or down—could make that strategy profitable. But if you roll out of frustration with an unsuccessful strategy, you’re just committing more capital to a misguided trade. If you’re not confident about what will come next, it might be better just to cut your losses and exit the strategy.

IF THE NEW POSITION YOU OPEN HAS THE SAME EXPIRATION DATE BUT A LOWER STRIKE PRICE, YOU’RE ROLLING DOWN. THIS STRATEGY MIGHT APPEAL TO INVESTORS WHO'D LIKE TO RECEIVE INCOME FROM WRITING CALLS ON A STOCK FOR WHICH THEY HAVE A LONG-TERM NEUTRAL PREDICTION.

For example, say you purchased 100 shares of XYZ stock for $44 a share.

At the same time, you purchased a protective 40 XYZ put to prevent losses of more than $4 a share. You paid $100 for the protection.

As expiration nears, XYZ is trading at $45, but you still think there’s a chance it will fall below $40 in the coming months. You sell your out-of-the-money put for $50, earning back some of what you paid for it.

You purchase a new 40 XYZ put with a later expiration for $100, and extend your downside protection at a net cost of $150.

\[
\begin{align*}
- \text{\$100 & Purchase put} \\
+ \text{\$50 & Received from put} \\
= \text{-$50}
\end{align*}
\]

\[
\begin{align*}
- \text{\$100 & Purchase of new put} \\
= \text{-$150 & Total cost}
\end{align*}
\]
Index Options

You can balance your portfolio by investing in options on a stock index, which tracks an entire market or sector.

Index options are puts and calls on a stock index, rather than on an individual stock. For many investors, the appeal of index options is the exposure they provide to the performance of a group of stocks. Holding the equivalent stock positions of one index option—say the 500 stocks in the S&P 500—would require much more capital and numerous transactions.

Another attraction is that index options can be flexible, fitting into the financial plans of both conservative and more aggressive investors. If you've concentrated your portfolio on large US companies, you might sell options on an index that correlates to your portfolio to hedge your investments. Or, if you feel that the biotech industry is headed for record gains, you could purchase a call on the Biotech Industry Index.

Most index options are European style, which means they can only be exercised at expiration, not before.

HEDGING YOUR PORTFOLIO

Conservative investors may use index options to hedge their portfolios. If your portfolio drops in value, an index that corresponds to the movement of your portfolio will drop as well. By purchasing a put on that index, you're entitled, at expiration, to an amount of cash proportionate to the drop of the index below the strike price.

For example, say you have $100,000 invested in a portfolio that contains some of the larger stocks in the broad-based XYZ Index, which is currently trading at about 950. You'd like to protect yourself against a loss of more than 5%, or $5,000. You purchase a 900 put on the XYZ Index.

In the next few months, your portfolio drops in value by about 10%, to $90,000. Since XYZ has a similar makeup, it has also dropped by a little more than 10%, to 850. Your put is now in-the-money by 50 points, and at expiration you receive $5,000 minus the premium you paid for the put and any sales charges. Your overall loss is reduced to about $5,000, or 5%, which was your predetermined acceptable level. Keep in mind, though, that what you pay for the put affects your return.

If the index doesn't drop before expiration, your option will remain out-of-the-money or at-the-money. You can decide whether to extend your hedge by buying another option with a later expiration, or rolling out.

WHAT’S THE RISK?

The risk of buying index options is the same as the risk of buying stock options: It’s limited to the amount of premium you pay. If you’re considering buying a put, it’s important to weigh the cost of hedging your portfolio against the benefits of the hedge.

Index options writers, however, face substantial potential risk. Since the value of the index might drop suddenly, a put writer might owe a lot of cash. The same risk applies to a call writer, if the index increases sharply. And index call writers usually can’t cover themselves by holding the underlying instrument, as they can with individual stock options.

MARGIN CONSIDERATIONS

The margin requirements are different for writing index options than for writing options on individual equities. In general, you initially need to deposit the entire premium, and at least 15% of the contract’s aggregate value, or the level of the index multiplied by $100, in your margin account. Since the aggregate value of an index option changes daily, the amount of the margin maintenance requirement fluctuates, which means you’ll need to pay close attention to your account to avoid a margin call.

HOW MUCH INSURANCE?

If you’re using index puts to hedge your portfolio, you’ll have to calculate the number of contracts to purchase in order to match the size of your portfolio.

1. Determine the current aggregate value of the index option:
   
   
   \[
   \text{Current index value} \times 100
   \]
   
   \[
   = \text{Aggregate value}
   \]

2. Divide the value of your portfolio by the aggregate value:

   \[
   \frac{\text{Your portfolio’s value}}{\text{Aggregate value}}
   \]

   The result is the number of contracts that will protect your entire portfolio.

   Once you’ve determined the number of contracts that will cover your portfolio, you should calculate how much downside protection you want. The strike price you choose should match that amount, so that the insurance will kick in if the index drops that far. For example, if you want to protect against a decline greater than 10% in your portfolio, your strike price should be 90% of the current value of the index, which would be the value of the index if it drops 10% from current value.

If your goal is to hedge your portfolio with index puts, the key is to find an index that mirrors the movement of your portfolio. Otherwise, what happens to the index won’t accurately reflect what happens to your portfolio, and you may not offset any of its declining value. The first step is to find indexes that cover the same market or sector as your portfolio. Once you’ve narrowed your choices, you might use the past performance of an index or judge its volatility to find one that closely mirrors your portfolio’s movement. But unless your portfolio exactly matches the makeup of an index—which is very unlikely—you’ll always face the risk that it won’t move the same way your portfolio does.
Trading Options
When you’re choosing a brokerage firm, consider the tools and the expertise at your disposal.

There have been some major changes in equity options investing since the mid-1990s. Thanks to the Internet, you have easier access to a wide range of timely information that allows you to research underlying investments on which options are available, track real-time or near real-time prices changes, and follow trading activity in contracts that interest you.

You also have a broader selection of brokerage firms to handle your orders.

EXECUTING A TRADE
Depending on the firm you use, you’ll find differences in the cost of trading and your access to professional advice. But whether you enter your options trading order yourself using your online account or you telephone your order to your broker, you put the same process in motion.

1. **Initiate a trade**

   In order to initiate a trade, you provide the details of your trade, which include:
   - The symbol of the option or the underlying stock
   - Whether you’re buying to open, buying to close, selling to open, or selling to close
   - Whether you want a put or call
   - The strike price
   - The expiration date
   - A specific buy or sell price, or a market order to buy or sell at the current market price
   - Whether you’d like to use a cash account or a margin account
   - With some brokers, you can request a multi-part transaction, such as a spread

2. **Confirm your order**

   The next step is confirming your order before it is placed, double-checking the information displayed online or repeated back to you by your broker to make sure it’s correct.

3. **Receive confirmation**

   After submitting the order, you should receive a confirmation that it has been placed—but not yet executed. There may be a lapse between when your order is placed and when your brokerage firm can fill it. Some firms’ websites offer an order status page, where you can view your executed orders and any current, pending orders.

4. **Execution**

   When your option order has been executed—it may be a matter of minutes or several hours, depending on the type of order—you should receive a notification that will include the price at which it was executed. Because most options are not traded as heavily as most stocks, execution can take longer.

5. **Monitor status**

   You can monitor the status of your options positions through your brokerage firm’s website.

SPECIAL CONSIDERATIONS
If you’re just beginning to trade options, you may want to work with an experienced investment adviser at a full-service firm who can advise you on the options strategies or the specific contracts that may be most appropriate for you. Or, if you’d prefer to trade on your own, you may want to choose an online firm.

The first step is often to ask your other professional advisers, friends, or colleagues who trade options for referrals. You can check the OIC website, OptionsEducation.org, for a list of firms, and you can use the SEC’s EDGAR database (sec.gov/edgar.shtml) to search for information and regulatory filings on any firm. If you’ve already opened an account with a brokerage firm but you’re not satisfied with the tools they offer or the execution of your orders, shop around.

You can find reviews of brokerage firms in financial publications, and some firms’ websites allow you trial access to their account holder services. You may also want to compare the range of services offered by several firms. For example, some brokerage firms offer a wide variety of educational information, and others have more experience executing complex transactions.

THE LANGUAGE OF ORDERS
There are ways to restrict an order you place if you’d like it to be executed only at a certain price, for example, or within a specific period of time. A **limit order** restricts the transaction to the highest price you’re willing to pay if you’re purchasing, or the lowest price you’re willing to accept if you’re selling. As with stock orders, if the market has passed your buy limit, your order will not be filled. The opposite of a limit order is a **market order**, which means you’re willing to pay whatever the market price is at the time your trade is entered.

Most orders are **day orders**, which means they will be automatically canceled if they’re not filled by the end of the trading day. Alternatively, you might place a **good ‘til canceled order (GTC)**, which means it is pending until your brokerage firm fills the order, unless you cancel it. Some brokerage firms have 90-day limits on GTC orders, so check with yours for their policy.

A **stop-loss order** is a request to automatically close your options position if its price moves beyond a certain predetermined level. Stop-loss orders are often used on stock transactions to stem losses if prices drop dramatically. Some brokerage firms allow stop-loss orders on options.

COMPARATIVE TOOLS
In order to be competitive, many brokerage firms offer their customers advanced tools and technology to help them research and track securities and strategies. You might have access to some or all of the following tools through your firm’s website:

- **Options calculator.** If you enter the details of a particular options trade, this electronic tool can calculate the potential profit and loss of adopting the strategy, as well as your breakeven point and any margin requirement. An options calculator can also be used to determine the **Greeks** for a particular option and the annualized returns for various strategies, which allows you to compare options strategies with different time periods.

- **Options screener.** You can find specific options that match a strategy, a particular market forecast, or other condition. For example, if you were looking for options with a very high implied volatility, an options screener would provide a list of options with the highest implied volatility.

- **Options chains.** If you select a particular stock or stock index, you can see a chart of all put and call series offered on it, the delayed or real-time premiums, and other characteristics such as volume and open interest.

- **Options information.** You can research options, finding out about underlying stocks and stock indexes, as well as price history, volatility, and other data.
Options Information Sources

The smart approach is to prepare for trading by researching your options.

The key to smart investing is being well informed. As an options investor, this means you’ll want to research the underlying stock for a particular options series, as well as the options class and the overall market. While this takes time and requires effort on your part, the good news is that the information you need is readily available through a variety of sources—and much of it is free.

**LOOK ONLINE**

Today, most options investors use the Internet as a source for at least some of their research. The Internet is easy to access for most people, much of the information is free, and news is almost always up-to-date, since financial websites are updated frequently. Even those investors who don’t give their buy and sell orders online can research options and underlying stocks on the Internet.

- OIC’s website, OptionsEducation.org, and OCC’s website, theocc.com, both provide general options education, plus industry-wide volume, open interest, contract adjustments, SEC filings, and expiration cycles, among other topics.
- The websites of the options exchanges offer information on the options they list as well as real-time and delayed quotes, volume, and open interest.
- Both online and traditional full-service brokerage firms offer their clients website access to information about specific options and strategies, as well as analysis and recommendations.
- A range of commercial sites are exclusively devoted to options information. Most of these are accessible by paid subscription only, so you’ll have to use your own judgment to decide whether their education and analysis is reliable and worth paying for.
- Many of the leading financial information sites offer substantial data as well. These sites are usually free, and include MarketWatch (MarketWatch.com) and Yahoo! Finance (finance.yahoo.com).
- OIC offers a free mobile-friendly website with a variety of educational materials and resources about investing in options. Featured are mobile courses so you can learn at your own pace and convenience, and quizzes to test your knowledge. Also offered are descriptions of options terms and strategies and how options can work in your portfolio. The site also provides timely information on live educational events and an easy way to reach the Investor Services department at the OIC.

When using the Internet for research, it’s important to be discriminating about the reliability of a source, just as you would when using any investment research. You can find a list of reputable options websites at OptionsEducation.org. They might serve as good starting points for your research.

**COLLEAGUES AND FRIENDS**

Don’t neglect your personal connections and business contacts when researching investments. Discussing options and financial markets with colleagues and friends lets you compare other perspectives with your own. Someone else’s investing experience might serve as a cautionary tale or introduce you to a particular investment or a certain market sector that you might not have investigated on your own. And if you know people who have been investing longer or more successfully than you have, you might be able to learn a lot from them. Don’t forget, though, that a tip from an acquaintance is never a substitute for doing your own research. Ultimately, you’re responsible for all of your investment choices.

**SUBSCRIBING TO NEWSLETTERS**

Financial newsletters are another popular source of options information. Most options newsletters are paid services that offer subscribers a periodic update on options news, educational information, and specific recommendations on options and strategies. Newsletters are usually written by options experts who offer their opinion and analysis—but who can’t guarantee the success of any strategy. Some newsletters are tailored to the needs of specific groups of investors, so it’s important to look for one that suits you, as well as one you trust to deliver accurate, reliable analysis.

**PUT A BROKER TO WORK**

If you already work with a brokerage firm, you might be able to find options information and analysis through their website or office, just as you might when researching a stock purchase. If your brokerage firm specializes in trading options, they are likely to have a greater wealth of resources for you. Even if the firm focuses primarily on stocks, you might be able to use their research on an option’s underlying instrument. But it’s a good idea to support that research with options-specific information.

If you’re comfortable working with your broker for research and analysis on your other investments, it might make sense to do the same for options research as well. You should check first, however, to find out whether your broker has options trading experience.

**A DISCRIMINATING READER**

Newsletters and online columns often provide an analysis of options information and recommend specific trades and strategies based on that analysis. They can also be good places to learn more about individual benchmarks or indicators, and how to use them as the basis for creating strategies. If you subscribe to a newsletter or regularly read an online options column—and you consider it to be a trustworthy source of analysis—you can use their recommendations as a starting point. But you should also do your own independent research to see if the information you come across backs up any assertions or predictions they’ve made.
Applying Options Information and Analysis

Once you do your research, put it to work for your portfolio.

There’s a wealth of information about trading options at your fingertips. But the sheer amount often seems overwhelming. So you need to know how to use that information to create options strategies.

USING BENCHMARKS

Benchmarks are measurements that you can use to judge the relative position of the security you’re interested in, compared to the market. One benchmark many options investors use is the CBOE Volatility Index, which is commonly known by its ticker symbol, VIX. In the same way that stock indexes are compilations of stock prices, VIX is a compilation of the implied volatilities of S&P 500 index options. You can use VIX as a benchmark to measure how volatile investors feel the S&P 500 index—and by extension, the stock market—will be. In general, a higher volatility indicates a bearish market sentiment, though there are exceptions. And keep in mind, that’s only how investors predict the market will behave. The actual market movement may or may not match predictions.

BE CONSISTENT

Whatever benchmark, indicator, or analysis you rely on to shape your options strategies, it’s important that you determine which information is important to you. If you choose one or two pieces of data as indicators or benchmarks, be consistent and stick with them over the long term. That way, you can easily track the small number you’ve chosen, rather than being overwhelmed by trying to follow every piece of market data available.

Consistency is also important when you’re evaluating your options positions. Say you bought an option because your research and calculations indicated it was undervalued, and you think its premium will go up. But you’ve recently looked at the put/call ratio, and you’re worried that the market is about to dip. You could close out your position, but if you believe the option is still underpriced, you’ll forfeit the whole strategy, which might have proved successful. Instead, when you buy or write an option, you should have a plan in place for evaluating whether to close the position, based on the same benchmark or indicator that prompted you to open it. If you’re consistent in how you evaluate positions, you’ll be more confident when deciding whether to hold a position, or exit and cut your losses.

PRICING MODELS

Another benchmark you can use to analyze options is an options pricing model that estimates the theoretical fair value for a given options position. In 1973, three mathematicians—Fischer Black, Myron Scholes, and Robert Merton—published their formula, known as the Black-Scholes model, for calculating the premium of an option, accounting for the variety of factors that affect premium. You can find the actual formula on many options websites, but what’s most important to know are the variables that go into the formula. These are the variables affecting an option’s premium:

\[ C = S_0 \Phi \left[ \ln \left( \frac{S_0}{K} \right) + \left( r + \frac{1}{2} \sigma^2 \right) T \right] - Ke^{-rT} \Phi \left[ \ln \left( \frac{S_0}{K} \right) + \left( r - \frac{1}{2} \sigma^2 \right) T \right] \]

The Black-Scholes formula, though perhaps the best known, isn’t the only method for computing an option’s theoretical value. Equity options are typically priced using either the Cox-Ross-Rubenstein model, which was developed in 1979 for American-style options that allow early exercise, or the Whaley model. Inputs to any of these models can be tweaked, or manually adjusted, to illustrate the impact of stock movement, volatility changes, or other factors that may influence an option’s actual value. For example, you could adjust the quantities of a potential spread to see how that change would affect the delta, gamma, and other Greeks.

The limitation of all pricing models is that actual premiums are determined by market forces, not by formula—no matter how sophisticated that formula might be. Market influences can actually result in highly unexpected price behavior during the life of a given options contract.

But while no model can reliably predict what options premiums will be available to you or other investors in the future, some investors do use pricing models to anticipate an option’s premium under certain future circumstances. For instance, you can calculate how an option might react to an interest rate increase or a dividend distribution to help you better predict the outcomes of your options strategies.
Graphing Profit and Loss

A visual depiction of an option strategy’s gain and loss potential can help you appreciate its risks.

As you consider different options strategies to meet your investment goals, you may want to investigate what you can learn from profit and loss graphs, which indicate the breakeven point of a particular transaction and the potential profit or loss it might produce as the market price of the underlying investment changes.

Each graph is composed of a vertical, or Y, axis, an intersecting horizontal, or X, axis, and a graph line drawn on a grid. The Y axis shows profit or loss. Any point above the juncture with the X axis indicates a positive return, and any point below the juncture indicates a loss. The X axis shows a series of potential prices of the option’s underlying investment. Since the price of the underlying can’t be less than $0, the X axis begins at the Y axis rather than intersecting it. The prices increase from left to right.

The graph line, whose shape is determined by the type of strategy being depicted, changes with each change in the price of the underlying. It shows the option’s strike price, its breakeven point, and the direction of the profit or loss.

ILLUSTRATING THE RISK
The extent of your potential loss with an options contract depends on the type of option you hold and is immediately apparent in a profit and loss graph. For example, if you hold a long position, your possible loss is limited to the premium you paid to purchase the option plus commissions and fees. Your gain, on the other hand, could be substantial if the price of the underlying changed as much as you anticipated.

In contrast, if you hold a short position, your gain is limited to the premium you collected, but your loss could be substantial if you were assigned to meet your obligation to buy or sell.

MAKE DISTINCTIONS
Every options strategy, from the most basic to the most complex, can be illustrated with a profit and loss chart. In each case the graph line follows a distinctive pattern that shows the relationship between potential risk and potential profit. What these representations do not show is the cost of achieving the potential gain. Strategies that involve taking two positions require two premiums. So it may cost more to achieve the same gain than using a strategy requiring a single purchase or sale. On the other hand, a complex strategy may provide greater loss protection.

1. The vertical axis shows the scale of profit and loss, measured in dollars. The center of this axis is a breakeven line, where your profit or loss is $0.
2. The horizontal axis, shown in black, shows the price of the underlying stock. The farther to the right, the higher the stock price.
3. The blue arrow tracks the profit or loss you’d realize at a particular stock price. If you pick a stock price on the horizontal axis, and find the height of the arrow at that stock price, you’ll have an idea of your potential profit. The loss is fixed at the premium you paid and will not increase. It decreases as the stock price rises above the strike price, but you don’t realize a profit until the stock price moves past the breakeven point.
4. The strike price you choose determines where the profit and loss line bends, since if the stock is below that price you’ll face a loss. Above that price your loss drops until you begin to realize a profit.
5. Your breakeven point is the stock price at which you’ll neither lose money nor make a profit on the investment. With a long call, the breakeven point is to the right of—or higher than—the option’s strike price. Since this strategy calls for spending money to purchase the option, you’ll have to earn back the premium before you can realize a profit. If this chart were for call writing, your breakeven point would be to the left of—or lower than—the strike price, since premium received would partially offset loss.

USE ‘EM OR LOSE ‘EM?
While it’s possible to graph a profit and loss chart using the numbers from a specific purchase or sale you’re considering, many investors use generic profit and loss charts to get an overview of what will happen as the underlying stock price increases or decreases. If you’d like to be able to visualize your strategies, this tool might be helpful. You can find profit and loss charts for each of the basic options strategies on the OIC website, OptionsEducation.org. What a chart can help clarify is whether a strategy’s potential for gain or loss is limited, as it is with a spread, or unlimited, as with long or short calls.
Options Chains
Learn how to translate the specialized options tools you can find online.

Instead of options tables, many websites offer options chains or options strings. You select a particular underlying instrument, and can see a chain of all the options currently available, so that you can compare the prices for calls and puts, different strike prices, and different expiration months.

You can choose whether to display all option strike prices, or only those that are in-the-money, at-the-money, or out-of-money, or any combination of the three. You can also select the expiration months to be displayed and whether to include LEAPS or not.

In addition to price information for each contract that appears in the option chain, you’ll find its theoretical value, implied volatility, and a calculation for each of the Greeks.

The uppermost area of the option chain indicates the name of the underlying stock, its ticker symbol, and the primary exchange on which the underlying stock is listed.

Just below you’ll find information about the underlying stock, including its current market price, its net change up or down, the 52-week high and low, and the stock volume. Options statistics include the average daily option volume for the option class as well as the average open interest.

You can find the month, day, and year of option expiration as well as the number of days until expiration.

You can find the symbology key for each available option series.

The option symbol column indicates the option symbol for calls and puts on the underlying stock. For each strike price, the chain will display information for calls (C) and puts (P).

Bid indicates what buyers are willing to pay for the option, and ask indicates which sellers are willing to take for the option.

Change is a measurement of the percentage change in the option’s price for the day. A positive number indicates a price increase, while a negative number indicates a decrease.

Volume is the current number of contracts traded for each option series during the trading day. Some option chains allow you to view only options with a certain daily volume.

Open interest indicates the total number of open contracts outstanding.

Implied volatility is the volatility percentage that produces the best fit for each option series.

The bid is the price that a buyer is willing to pay for an option, and the ask is the price that a seller is willing to accept. In general, the two prices are slightly different, and the gap between them is known as the spread. So how does that affect individual investors?

When you buy or sell an option—or a stock—you’re possibly buying from and selling to a market maker. One role of market makers is to provide liquidity in the marketplace, making it easier to buy or sell one or more options without changing the market price. One way market makers can profit is by buying option contract at the current bid price and selling them at the higher ask price. Without a change in the underlying stock price, they may make a profit from the spread of only a few cents per contract. But they may trade in high volume every day, so the small profits can add up.

As a rule of thumb, the more actively traded an option is, the smaller the spread will be. But the bid and ask spread for any particular option contract may vary on the different exchanges where the contract is listed. So option brokers focus on getting their customers the best execution price among the various exchanges where the option is traded.
Option Symbology and Sources

In 2010, the options industry overhauled the way it identifies exchange-listed option contracts, creating a simpler, more standardized symbology. The method it replaced, which had been in use since exchange-trade options were introduced in 1973, was confusing to both investors and option professionals and commonly led to bookkeeping and order entry errors.

OCC and the various US option exchanges use the new symbology to identify option contracts. Brokerage firms use it to identify and track option positions in your account. And you may see symbology keys on your trade confirmations and monthly statements.

DECODING SYMBOLOGY
With the new methodology, an option series can be identified and distinguished from all other series by its formal symbology key. Each of these specific keys contains the same four elements:

- **Option symbol.** It is generally the same as the ticker symbol of the underlying stock.
- **Expiration date.** It is identified by its explicit year, month, and day.
- **Option type.** Call contracts are identified with “C” and put contracts are identified with “P”.
- **Strike price.** Strike prices are expressed to two decimal places representing dollars and cents.

Here’s an example of the four pieces of information strung together to form a symbol key:

```
XYZ 20 06 18 C 50.00
```

- **XYZ** is the option symbol that specifies the underlying stock.
- **20 06 18** is the contract’s expiration date of June 18, 2020.
- **C** indicates the option is a call contract.
- **The option’s strike price is $50.00.**

THE MORE THINGS CHANGE
Depending on the source, you might find symbology keys displayed in different formats, but with the same four pieces of information identifying the same option contract:

- **XYZ 20 06 18 C 50.00**
- **XYZ 20/06/18 C 50.00**
- **XYZ 200618C00050000**
- **XYZ 20/06/18 Call 50.00**
- **XYZ June 18 2020 C 50.00**
- **XYZ June 18 2020 Call 50.00**

PLACING OPTION ORDERS
You’re responsible for entering the correct order information for the specific call or put you want to trade. But you may or may not need to use the appropriate symbology key. Many brokerage firms allow you to place orders directly from option chains on their website, by simply clicking on the key for the option contract you want to buy or sell.

But if you have any questions about the symbology key or another other data you’re entering, it’s important to check with your firm before placing your order. Getting the details right is ultimately your responsibility.

INDUSTRY ORGANIZATIONS
The Options Industry Council (OIC) and OCC
125 S. Franklin Street
Suite 1200
Chicago, IL 60606
Email: options@theocc.com

You can email OIC and OCC at options@theocc.com to speak with experienced representatives. While they don't provide investment advice, they can answer options-related questions you might have—whether about the basics of options trading or about a specific, advanced strategy.

OIC website
OptionsEducation.org

Learn about options and strategies, find free educational seminars near you, and get the latest news on options trading at the OIC website.

- Take online classes on options trading
- OIC offers a printable online glossary defining all of the terms commonly used in options trading

OCC website
theocc.com

On the OCC website, you can find educational tools and volume information, as well as a database of all listed options.

You can view an options symbol directory, new listings, and contract adjustment memos.

FINRA
finra.org

You can find resources about a variety of securities on the website of the Financial Industry Regulatory Authority.

- Find tips for protecting your investments and avoiding fraud
- Learn about the markets and other educational topics
- You can also use the FINRA website to check the background of a brokerage firm or broker you're considering

THE EXCHANGES
The websites for OIC’s participant exchanges offer directories of all the options they list, as well as the latest trading data, delayed and real-time quotes, product specifications, and an expiration calendar for those options. The exchanges also provide market information for the stock, index, or other options that they list, their official trading hours and their trading technology.

In addition most of these websites offer educational tools, the latest options news, explanations of basic options information, and details about a variety of options strategies. You can also find profit and loss diagrams, stock charts, links to downloadable documents and brochures, glossaries of options terms, answers to commonly asked questions, and links to outside resources. For a current list of exchanges, please see OIC’s website.
Strategy Screener
You can screen for strategies based on your risk tolerance and market forecast.

As you consider whether to add equity options to your investment portfolio, you might find it helpful to review these strategy screeners. First, if you've identified an objective you're trying to achieve—to hedge a stock position, for example, or receive income—look at the corresponding table. Next, choose the level of risk that you're willing to take. If you're new to options, you'll probably want to choose a low-risk strategy to begin with. Finally, find a forecast that fits your expectations, from very bearish to very bullish, either on an individual stock, or on the market as a whole. You'll find a potential strategy that fits your particular situation and forecast.

These tables are far from comprehensive, but they can be helpful shortcuts to identifying an appropriate options strategy. Once you've begun considering a strategy, you'll have to do some research on your own to match it with an underlying security that might work to meet your objective.

**EXPIRATION CYCLES**

If you're considering opening an options position on a particular stock, you'll always have the choice of contracts expiring in four different months. That's the easy part. What can be a little more complicated is figuring out which months those are. That's because there are three factors at work:

1. Options are always available for the current month and the following one. So on January 1, you can buy or sell options that expire in January and in February on all stocks with listed options. On February 1, you can buy options expiring in February and March for all stocks—and so on through the year.

2. The two other months in which options on a specific stock expire are determined by the expiration cycle to which the underlying stock is assigned. There are three cycles, beginning in January, February, and March, each including four months, one in each calendar quarter. Stocks are assigned randomly to one of those cycles.

So, on January 1, options on a stock assigned to the January cycle would be available in April and July, the next two months in the cycle, as well as January and February. Those on a stock assigned to the February cycle would be available in May and August in addition to January and February. Stocks assigned to the March cycle would have options expiring in June and September.

Due to an approved pilot program, some options may be available for trading in additional months.

3. The current month's options expire on the third Friday, and a new options series with a new expiration is added on the following Monday. If, for example, January 20 were a Monday, new options series expiring in March would be added to the January and February cycles, and a new series expiring in September would be added for stocks in the March cycle.

If LEAPS are available on an options class, there might be five expiration months trading at a given time, in addition to the LEAPS, since LEAPS convert into regular options with a January expiration in the final year of the contract.

If you'd like to find out the available expirations for an option class you're considering, you can email options@theocc.com, or check on OIC's website, www.OptionsEducation.org. You can also check the third and fourth expiration months of an options chain, which will tell you the cycle to which the underlying stock has been assigned.
American-style  An option that you can exercise at any point before expiration. Equity options are American style.

Ask  The price that market makers or buyers will accept to sell an option.

Assignment  When an option holder exercises the contract, an option writer is chosen to fulfill the obligation.

At-the-money  When the price of the underlying stock is the same as or close to your option’s strike price.

Black-Scholes formula  A pricing model that calculates the theoretical value of an option, based on factors including volatility and time until expiration.

Breakeven point  The stock price at which, if you exercise your option, you would earn back your initial investment.

Buyer  If you purchase an option contract, regardless of whether you’re opening or closing a position, you’re a buyer.

Buy-write  You simultaneously purchase shares of stock and write a call on that stock.

Call  If you buy a call, you hold the right to purchase a certain security at the strike price, on or before the expiration date. If you write a call, you face an obligation to sell a certain security at the strike price, on or before the expiration date, if the call is exercised.

Cash-settled  An option contract, usually an index option, that requires cash to change hands at exercise. The exact amount of cash is calculated by a specific formula, using the option’s intrinsic value.

Close  If you buy or sell an option in order to offset a position you previously opened, you’re closing.

Collar  You simultaneously purchase a protective put and write a covered call. Also known as a fence.

Covered call  You write a call on stock you hold. Also known as an overwrite.

Day order  An order you place to purchase an option that is canceled if it is not filled before the end of the trading day.

Equity option  A contract to buy or sell shares of a stock, an exchange traded fund (ETF), or other equity interest at a certain price before a certain time.

European-style  An options contract that you can exercise only at expiration, not before.

Exercise  If you’re an option holder, exercise means you give an order to act on an option, and the options writer must transfer to you or receive from you the shares of stock—or amount of cash—covered by the option.

Expiration date  The date after which an option is no longer valid, and you can no longer exercise it.

Fungible  Able to be bought and sold on multiple exchanges or markets.

Good ‘til canceled order (GTC)  An order you place to purchase or sell an option that is valid until it is filled, you cancel it, or your brokerage firm’s time limit on GTC orders expires.

Hedge  An investment that’s intended to limit or reduce potential losses on another investment by returning a profit under the opposite conditions.

Holder  If you purchase an option to open a position, you’re a holder.

In-the-money  When the strike price of an option is below the market price for the underlying stock, in the case of a call, and above the underlying stock price, in the case of a put.

Intrinsic value  The value of an option if exercised at a given moment. Out-of-the-money and at-the-money options have no intrinsic value. For in-the-money options, the intrinsic value is the difference between the strike price and the underlying stock price.

Leg  Each separate options position in a strategy that calls for you to hold multiple positions at the same time, such as a spread.

Leverage  If you leverage, you use a small amount of money to control an investment of much larger value.

Limit order  An order you place to purchase or sell a security or financial instrument, such as an option, only at a certain price or better.

Long  When you own a security or option. You might have a long position, or be long.

Long-term Equity AnticiPation Securities (LEAPS)  An option whose expiration date is between one and three years away.

Market order  An order to purchase or sell an option at its current market price.

Mark to market  This tax rule requires you to calculate the theoretical profit you’d earn on an asset if you sold it at the end of the tax year. You owe tax on that unrealized gain. This rule applies to broad-based index options.

Married put  You simultaneously purchase shares of stock and a put on that stock.

Naked call  You write a call on stock you don’t hold.

Open  If you purchase or write an option, creating a new position on that option, you establish an open position.

Open interest  The number of contracts in existence in the market on a certain option.

Options chain  A tool that lets you see all the available options for an underlying stock, including their prices and other trading data.

Options class  All the calls or all the puts on an underlying security.

Options series  All the calls or puts on an underlying stock with identical terms, including expiration month and strike price.

Out-of-the-money  When a call’s strike price is above the underlying stock price, or a put’s strike price is below the stock price.

Physical delivery  An option that calls for you to deliver if you’re the writer, or receive if you’re the holder, 100 shares of stock at exercise.

Premium  The price you pay if you’re an options buyer, or the amount you receive if you’re an options writer.

Protective put  You purchase a put on stock you already own.

Put  If you buy a put, you hold the right to sell a certain number of shares at the strike price, on or before the expiration date. If you write a put, you face an obligation to buy a certain number of shares at the strike price, on or before the expiration date, if the put is exercised.

Put/call ratio  A ratio of the number of puts traded compared to the number of calls traded for a particular options class.

Rolling  Extending your options strategy by closing an existing position and opening a new one on the same underlying instrument with a different expiration or strike price.

Seller  If you sell an option, whether opening a new position or closing an existing position, you’re a seller.

Short  When you have written an option. You may hold a short position, or be short.

Specialist  A trader who leads the auction for an options class or a set of underlying securities, and maintains a fair and orderly market.

Spread  An options strategy that calls for you to hold two or more simultaneous positions. Spread may also refer to the difference between an option’s bid-ask price.

Stop-loss order  An order you place to purchase an option or security that comes with an order to sell if the price drops below a certain limit in the future, or rises, if you’ve sold an option.

Strike price  The price at which you may buy the underlying stock, if you hold a call, or sell the underlying stock, if you hold a put.

Terms  The characteristics of your option, including strike price, exercise style, and expiration date.

Time decay  The decline in value of your option as the expiration date approaches.

Time value  The perceived and often-changing value of the time left until an option’s expiration.

Vertical spread  You simultaneously purchase and write two or more options with different strike prices and the same expiration month.

VIX  The Volatility Index, or a compilation of volatility of several S&P 500 options. You might use VIX as a benchmark for the market’s perception of volatility.

Volatility  How much an option price fluctuates. Historical volatility is a measure of past actual fluctuations. Implied volatility is a gauge of the market’s prediction for its future fluctuation.

Volume  The number of positions that are traded, or opened and closed, during a time period for a specific option.

Wasting asset  A security that loses value over time, and has no worth after a certain date.

Writer  If you sell an option to open a new position, you’re a writer.
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A GUIDE TO INVESTING WITH OPTIONS covers everything from calls and puts to collars and rolling up, over, or out. It takes the mystery out of options contracts, explains the language of options trading, and lays out some popular options strategies that may suit various portfolios and market forecasts. If you’re curious about options, this guide provides the answers to your questions.